

## CONFERENCE PROGRAM

### Day-1 (December 1, 2016)

**Registration:** 8:30 am – 9:00 am

**Guests to be seated:** 9:00 am – 9:30 am

**Inaugural Session (Hall A):** 9:45 am – 10:30 am

- **Recitation of Holy Quran**
- **Welcome Address by Prof. Dr. Anila Kamal**  
*Chief Organizer, Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad*
- **Address by Dr. Javed Ashraf**  
*Vice Chancellor, Quaid-i-Azam University, Islamabad*
- **Address by Mr. Mohammad Qazilbash**  
*Country Director, Oxfam*
- **Address by Prof. Dr. Mukhtar Ahmed**  
*Chairman Higher Education Commission of Pakistan*
- **Address by His Excellency Mr. Ole Thonke**  
*Ambassador of Denmark*
- **Address by Dr. Tariq Fazal Chaudhary**  
*Minister of State, Capital Administration and Development Division*
- **Presentation of Shields to Guests**

**Tea Break:** 10:30 am – 11:00 am

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| <b>Hall – A</b><br><b>Day-1 (December 1, 2016)</b> |
| <b>Keynote Address 1: 11:00 am – 11:30 am</b>      |

**Gender and Mental Health: Beyond Numbers**

Prof. Dr. Ruhi Khalid (*Director, Institute of Psychology, Beaconhouse National University, Lahore*)

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| <b>Scientific Session 1 (A): 11:40 am – 13:00 pm</b> |
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**Session Chair:** Prof. Dr. Najma Najam (*Professor Emeritus, University of the Punjab, Lahore; Advisor Academics, VU, Lahore*)

**Co-Chair:** Prof. Dr. Anila Kamal (*Director, National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Iffat Rohail (*NIP Alumna, Assistant Professor, Department of Psychology, Foundation University, Rawalpindi*)

**Facilitators:** Sadia Huda, Samar Fahd, Zill-e-Arsh, and Sadaf Rehman

**Theme 1 – Self- determination and Inclusion of Vulnerable Populations 1**

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| 1. | ICPG 2016-589 | A Study of Need for Certainty and Communication Competence: Do Men and Women Differ in their Needs?<br>Raiha Aftab <sup>1</sup> and Maria Mustafa <sup>2</sup><br><sup>1</sup> <i>The University of Manchester, United Kingdom</i><br><sup>2</sup> <i>Allama Iqbal Open University, Islamabad</i> |
| 2. | ICPG 2016-142 | Experience of Abuse among Female Domestic Workers<br>Talat Sohail, Afifa Shams, and Rukhshanda Abdur-Rehman<br><i>Lahore College for Women University</i>   |
| 3. | ICPG 2016-242 | Work Centrality, Life Role Saliency, and Dyadic Adjustment in Emergency Service Providers<br>Rafia Rafique and Shazza Raheem<br><i>Institute of Applied Psychology, University of the Punjab, Lahore</i>  |
| 4. | ICPG 2016-583 | Family Interactions and Self-harm among Women Prisoners<br>Nashi Khan and Hina Javed<br><i>Centre for Clinical Psychology, University of the Punjab, Lahore</i>   |
| 5. | ICPG 2016-023 | Increasing Vulnerabilities to Trauma and Violence: Media as a Source of Indirect Exposure<br>Ayza Yazdani, Zainab F. Zadeh, and Khalida Shafi<br><i>Institute of Professional Psychology, Bahria University, Karachi</i>  |
| 6. | ICPG 2016-531 | Social Psychological Dynamics Related to Wearing Hijab (Veil) among University Students<br>Waseem Fayyaz and Anila Kamal<br><i>Gordon College, Rawalpindi</i>   |
| 7. | ICPG 2016-104 | Bengal's Baul: Mystic Minstrels to Hybrid Entertainers? Identity Shift over Changing Time<br>Amitava Sengupta<br><i>University of Calcutta, India</i>   |

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| <b>Lunch and Prayer Break: 13:00 pm – 14:00 pm</b>                                      |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |

**Hall – B**  
**Day-1 (December 1, 2016)**

**Keynote Address 2: 11:00 am – 11:30 am**

**Gender Differences in School Bullying: What Are They and Why are They There?**

Dr. Peter K. Smith (*Emeritus Professor of Psychology, Unit for School and Family Studies, Goldsmiths, University of London, UK*)

**Scientific Session 1 (B): 11:40 am – 13:00 pm**

**Session Chair:** Prof. Dr. Seema Pervez (*National Institute of Psychology, QAU, Islamabad*)

**Director Representative:** Dr. Humaira Jami (*Assistant Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Aisha Inam (*NIP Alumna, Assistant Professor, COMSATS, Islamabad*)

**Facilitators:** Aisha Munir, Dania Javaid, and Hifza Imran

**Theme 2: Sexual and Reproductive Health of Youth in Pakistan (Symposium)**

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| 1. |               | Oxfam's View and Need for Research on Life Skills<br>Javeria Afzal<br><i>Associate Country Director, Oxfam Novib, Islamabad, Pakistan</i>  |
| 2. | ICPG 2016-624 | Early Marriages Issue in Pakistan<br>Farzana Bari<br><i>Center for Gender Studies, Quaid-i-Azam University, Islamabad</i>  |
| 3. | ICPG 2016-625 | Youth's Quality of Life in Context of Sexual and Reproductive Health and Life Skills: A Gender-based Analysis<br>Tabish Gul, Humaira Jami, and Anila Kamal<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 4. | ICPG 2016-626 | Mental Health and Disordered Eating Behaviors of Adolescents in Context of Sexual and Reproductive Health, Life Skills, and Body Image: A Gendered Perspective<br>Kashmala Zaman, Humaira Jami, and Anila Kamal<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 5. | ICPG 2016-627 | Knowledge, Attitude, and Practices of Sexual and Reproductive Health, Life Skills, and Its Outcomes among Children: Preliminary Gender Analysis<br>Sidrah Shaheen, Anila Kamal, and Humaira Jami<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>                |
| 6. | ICPG 2016-199 | Sexuality Education in the Girls with Intellectual Developmental Disabilities (IDD) and Role of Mothers<br>Sana Akhtar<br><i>Federal Urdu University, Karachi</i>  |
| 7. | ICPG 2016-368 | Perceived Discrimination, Social Support, and Psychological Distress in Transgenders<br>Sobia Falak and Faiza Safdar<br><i>Government College University, Lahore</i>   |

**Lunch and Prayer Break: 13:00 pm – 14:00 pm**

*Posters and stalls will be displayed outside the hallway of the main auditorium.*

## Hall – C

Day-1 (December 1, 2016)

**Keynote Address 3: 11:00 am – 11:30 am**

### **Mad Women: Impact of Domestic Violence on Women’s Mental Health**

Dr. Ravi K. Thiara (*Principal Research Fellow and Centre Director, Centre for the Study of Safety and Well-being, School of Health and Social Studies, University of Warwick, UK*)

**Scientific Session 1 (C): 11:40 am – 13:00 pm**

**Session Chair:** Prof. Dr. Asir Ajmal (Director, *Lahore School of Management, University of Lahore, Lahore*)

**Director Representative:** Prof. Dr. Anis-ul-Haque (*National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Rizwana Alam (*Assistant Prof., Iqra University, Karachi; Ex-Senior Psychologist, Pak Army*)

**Facilitators:** Syeda Rubab Aftab, Attiya Siraj, and Faiqa Sana

### **Theme 3 – Parenting, Children, and Families**

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| 1. | ICPG 2016-496 | Communal Orientation as Determinant of Flourishing in Marital Relationships: Examining the Role of Gender<br>Samar Fahd and Rubina Hanif<br><i>National Institute of Psychology, Quaid-i-Azam University Islamabad</i>                                       |
| 2. | ICPG 2016-366 | Translation, Adaptation, and Validation of Children’s Behavior Questionnaire – Teacher Form<br>Abia Nazim and Ruhi Khalid<br><i>Institute of Psychology, Beaconhouse National University, Lahore</i>   |
| 3. | ICPG 2016-542 | Role of Maternal Feeding Styles and Feeding Practices in Children’s Eating Behaviors<br>Sabah Ali and Humaira Jami<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 4. | ICPG 2016-105 | Emotion Regulation Strategies in Functional and Dysfunctional Families<br>Tamkeen Saleem and Seema Gul<br><i>International Islamic University, Islamabad</i>   |
| 5. | ICPG 2016-206 | Perceived Social Support among Newly Divorced and Widowed Women: Role of Psychological Problems and Psychological Wellbeing<br>Tooba Anwer, Najma Iqbal Malik, Zaib Kanwal, and Rabia Fatima<br><i>University of Sargodha<br/>Virtual University, Lahore</i> |
| 6. | ICPG 2016-214 | Relationship of Maternal Employment with Child’s Aggression and Emotional Development<br>Rehana Akram, Rizwana Amin, and Muneeza Butt<br><i>Bahauddin Zakariya University, Multan</i>  |

**Lunch and Prayer Break: 13:00 pm – 14:00 pm**

*Posters and stalls will be displayed outside the hallway of the main auditorium.*

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| <b>Hall – D</b>                               |
| <b>Day-1 (December 1, 2016)</b>               |
| <b>Keynote Address 4: 11:00 am – 11:30 am</b> |

**Gender, Sexual Violence, and Intersectionality: Understanding the Impact of Multiple Oppressions**  
 Dr. Christine Harrison (*Associate Professor in Social Studies, Centre for Lifelong Learning, University of Warwick, UK*)

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| <b>Scientific Session 1 (D): 11:40 am – 13:00 pm</b> |
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**Session Chair:** Dr. Sayed Sajjad Hussain (*Chief Psychologist, Strategic Planning Directorate, Rawalpindi*)

**Director Representative:** Dr. Jamil A. Malik (*Assistant Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Najma Iqbal Malik (*NIP Alumna, Head/Assistant Professor, Department of Psychology, University of Sargodha*)

**Facilitators:** Sofia Tabbasum, Maryam Haleem, and Zainab Shabbir

**Theme 4 – Mental Health and Well-being**

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| 1. | ICPG 2016-155 | Environmental Stress and Its Correlates in Women<br>Priyanka A. Rao<br><i>University of Delhi, India</i>   |
| 2. | ICPG 2016-285 | Gender Stereotypes regarding Anger Expression: A Myth or a Reality?<br>Saima Majeed and Farah Malik<br><i>Institute of Applied Psychology, University of the Punjab, Lahore</i>  |
| 3. | ICPG 2016-152 | Perceived Stress, Coping Strategies, and Health of Working Women<br>Shamaila Asad <sup>1</sup> and Najma Najam <sup>2,3</sup><br><sup>1</sup> <i>Islamia College for Women, Lahore</i><br><sup>2</sup> <i>University of the Punjab, Lahore;</i> <sup>3</sup> <i>Virtual University, Lahore</i>   |
| 4. | ICPG 2016-334 | Perception and Experience of Romantic Love among Adults: A Mixed Method Study<br>Wahida Anjum<br><i>The School of Allied Health Science, Children's Hospital and Institute of Child Health, Lahore</i>   |
| 5. | ICPG 2016-469 | Self-esteem Body Image and Self-consciousness among Women after Rejection of Marriage Proposals<br>Humaira Iram and Amina Muazzam<br><i>Lahore College for Women University</i>  |
| 6. | ICPG 2016-053 | Stress, Dependency, and Empowerment in Working and Nonworking Mothers of Multan City<br>Sadia Kiran and Rabia Nayab<br><i>University of the Punjab, Lahore</i>   |
| 7. | ICPG 2016-325 | Relationship between Positive Beliefs about Rumination and Negative Well-being across Gender: Elaborating Role of Meta-worry and Emotion Oriented Coping<br>Aisha Muneer <sup>1</sup> and Jamil A. Malik <sup>2</sup><br><sup>1</sup> <i>Faculty of Humanities, COMSATS Institute of Information Technology, Islamabad</i><br><sup>2</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |

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| <b>Lunch and Prayer Break: 13:00 pm – 14:00 pm</b>                                      |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |

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| <b>Hall – E</b>                                     |
| <b>Day-1 (December 1, 2016)</b>                     |
| <b>Scientific Session 1(E): 11:40 am – 13:00 pm</b> |

**Session Chair:** Dr. Tahir Khalily (*Chairman, Psychology Department, Islamic International University, Islamabad*)

**Director Representative:** Dr. Raiha Aftab (*Lecturer, National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Shakira Huma (*NIP Alumna, Assistant Professor/AU Psychologist, School of Management, Air University, Islamabad*)

**Facilitators:** Yasmin Wajid, Maria Abubakar, and Iqra Tariq

#### **Theme 5 –Education and Youth**

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| 1. | ICPG 2016-238 | Personal Strains and Resources of Married Students Perusing Higher Degrees: A Comparison of Gender<br>Tabinda Jabeen <sup>1</sup> and Uzma Masroor <sup>2</sup><br><sup>1</sup> <i>International Islamic University, Islamabad</i><br><sup>2</sup> <i>Bahria Univerity, Islamabad</i>   |
| 2. | ICPG 2016-349 | Role of Community in Gender Disparity in Education Sector<br>Almas Kiani, Javaria Ilyas, and Farah Rehman<br><i>Arid Agriculture University, Rawalpindi</i>   |
| 3. | ICPG 2016-434 | Trait Emotional Intelligence and Gender Differences Among University Students<br>Syeda Razia Bukhari <sup>1</sup> and Sarwat Jahan Khanam <sup>2</sup><br><sup>1</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i><br><sup>2</sup> <i>Institute of Clinical Psychology, University of Karachi</i> |
| 4. | ICPG 2016-490 | Impact of Personality Traits on Procrastination among Male and Female University Students<br>Areeba Ather Malik, Masood Nadeem and Fatima Javaid<br><i>The Islamia University of Bahawalpur</i>   |
| 5. | ICPG 2016-509 | Association of Parental Divorce and Parental Loss with Depression in Male and Female Adolescents<br>Naseem Akhtar and Sobia Aftab<br><i>Institute of Clinical Psychology, University of Karachi</i>   |
| 6. | ICPG 2016-323 | Exploring the Common Perceptions about ‘Punjab Protection of Women against Violence Act - 2016’ among Educated Youths – FGD Based Narratives in Focus<br>Muhammad Saleem, Muhammad Adeeb, Maria Khan, Muhammad Waseem Tufail, and Maham Zafar<br><i>The Islamia University of Bahawalpur</i>                                      |
| 7. | ICPG 2016-467 | Attitude of Male and Female University Students Towards Gender Discrimination<br>Mussarat Jabeen Khan, Kehkashan Arouj, Hafsa Arif, Noreen Nazir, and Mehwash Nosheen<br><i>International Islamic University, Islamabad</i>   |

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| <b>Lunch and Prayer Break: 13:00 pm – 14:00 pm</b>                                      |
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**Hall – F**  
**Day-1 (December 1, 2016)**  
**Training Workshop I**  
**9:00 am – 13:00 pm**

**Female Empowerment: Step Up! Learn Assertiveness through Art, Meditation, and Drama  
Therapy**

Resource Person: Rakia Raza

*(Psychologist, Art Therapist, Art Director, Meditation/ Yoga Expert)*

**Organizers:** Nelofar Rauf, Riffat Zaheer, and Saira Khan

**Facilitators:** Umbreen Feroz and Sana Bukhari

**Lunch and Prayer Break: 13:00 pm – 14:00 pm**

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| <b>Hall – A</b>                                      |
| <b>Day-1 (December 1, 2016)</b>                      |
| <b>Scientific Session 2 (A): 14:00 pm – 15:00 pm</b> |

**Session Chair:** Prof. Dr. Muhammad Jahanzeb Khan (*Head, Department of Psychology, University of Peshawar*)

**Co-Chair:** Prof. Dr. Anila Kamal (*Director, National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Iffat Batool (*NIP Alumna, Assistant Professor, Department of Psychology, Government College University, Lahore*)

**Facilitators:** Sadia Huda, Samar Fahd, Sadaf Rehman, and Zill-e-Arsh

#### **Theme 6 – Gender Dynamics in Educational Settings**

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| 1. | ICPG 2016-117 | Labeling Psychology a Feminine Subject in Pakistan: Reflections of Students and Teachers<br>Nasreen Akhtar <sup>1</sup> , Muhammad Mussafa Butt <sup>1</sup> , and Asir Ajmal <sup>2</sup><br><sup>1</sup> <i>Government College University, Lahore</i><br><sup>2</sup> <i>Lahore School of Management, University of Lahore</i>   |
| 2. | ICPG 2016-330 | Difference in Perceptions of Marital and Nonmarital Rape Situations among University Students<br>Mudassar Aziz <sup>1</sup> , Gulnaz Anjum <sup>2</sup> , and Rabia Muqtadir <sup>3</sup><br><sup>1</sup> <i>Institute of Professional Psychology, Bahria University, Karachi</i><br><sup>2</sup> <i>Institute of Business Administration, Karachi</i><br><sup>3</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 3. | ICPG 2016-308 | Examining the Peer Attachment among University Students: A Gender-Wise Comparative Study<br>Dania Javaid and Rubina Hanif<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 4. | ICPG 2016-540 | Moderating Role of Gender in the Impact of Perceived Organizational Politics on Certain Attitudinal and Behavioral Work Outcomes among University Teachers<br>Imran Bukhari and Anila Kamal<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 5. | ICPG 2016-581 | Intended Purpose of Assessment as a Key Component of Gender Differences in the Students' Performance<br>Sarwat Sultan and Muhammad Akram<br><i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i>   |
| 6. | ICPG 2016-405 | The Gendered Nature of Work Bullying in the Context of Higher Education<br>Ambreen Anjum <sup>1</sup> and Amina Muazzam <sup>2</sup><br><sup>1</sup> <i>The Islamia University of Bahawalpur</i><br><sup>2</sup> <i>Lahore College for Women University</i>  |

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| <b>Tea Break: 15:00 pm – 15:30 pm</b>   |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |



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| <b>Hall – B</b>                                      |
| <b>Day-1 (December 1, 2016)</b>                      |
| <b>Scientific Session 2 (B): 14:00 pm – 15:00 pm</b> |

**Session Chair:** Prof. Dr. Rukhsana Kausar (*Director, Institute of Applied Psychology and Centre for Clinical Psychology, University of the Punjab, Lahore*)

**Director Representative:** Dr. Rubina Hanif (*Associate Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Maimoona Ismail Loona (*NIP Alumna, Assistant Prof., Department of Psychology, Islamic International University, Islamabad*)

**Facilitators:** Aisha Munir, Dania Javaid, and Hifza Imran

#### **Theme 7 – Agency and Autonomy in Marital Relations**

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| 1. | ICPG 2016-144 | Psychosocial Impact of Early Marriages among Women in Ghizer<br>Anjuman Shaheen and Rabia Hussain Kanwal<br><i>Karakoram International University, Gilgit</i>  |
| 2. | ICPG 2016-258 | Self-Silencing as Predictor of Marital Adjustment: Moderational Role of Gender<br>Nazia Naheed Kundi and Saba Ghayas<br><i>University of Sargodha</i>  |
| 3. | ICPG 2016-279 | Experiences of Wives Whose Husbands are Involved in Infidelity<br>Ahmad N. Warraich<br><i>Government College University, Lahore</i>  |
| 4. | ICPG 2016-310 | Effect of Facebook Use upon Marital Satisfaction among Pakistani Married Facebook Users: A Model Testing<br>Fizza Iqbal and Humaira Jami<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 5. | ICPG 2016-341 | Adult Attachment and Its Association with the Marital Satisfaction among Pakistani Couples: A Gendered Perspective<br>Nazia Iqbal <sup>1</sup> and Anila Kamal <sup>2</sup><br><sup>1</sup> <i>International Islamic University, Islamabad</i><br><sup>2</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 6. | ICPG 2016-486 | Role of Communication Patterns in Enhancing the Marital Quality of Married Couples<br>Sadaf Ahsan <sup>1</sup> and Rubina Hanif <sup>2</sup><br><sup>1</sup> <i>Foundation University, Rawalpindi</i><br><sup>2</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 7. | ICPG 2016-255 | Procedural Knowledge versus Psychological Stress Faced by Women Undergoing In-vitro Fertilization Procedures: A Cross- Sectional Study<br>Rishi Mishra and Ashwani Mohan<br><i>Amity Institute of Psychology and Allied Sciences, Amity University, Noida, U.P, India</i>  |

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| <b>Tea Break: 15:00 pm – 15:30 pm</b>   |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |

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| <b>Hall – C</b>                                      |
| <b>Day-1 (December 1, 2016)</b>                      |
| <b>Scientific Session 2 (C): 14:00 pm – 15:00 pm</b> |

**Session Chair:** Prof. Dr. Mumtaz Fatima Jafri (*Advisor, Faculty Development Academy, COMSATS, Islamabad*)

**Director Representative:** Prof. Dr. Anis-ul-Haque (*National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Gulnaz Zahid (*NIP Alumna, Assistant Professor, Centre for Counseling and Career Advisory, NUST, Islamabad*)

**Facilitators:** Attiya Siraj, Mareen, and Faiqa Sana

**Theme 8 – Gender Analysis**

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| 1. | ICPG 2016-202 | Thinking Styles and Belief in Superstitions: Moderating Role of Gender in Young Muslim Adults<br>Aisha Maqsood, Farhat Nadeem, and Ruhi Khalid<br><i>Institute OF Psychology, Beaconhouse National University, Lahore</i>  |
| 2. | ICPG 2016-364 | Gender Differences in Psychopathic Personality Traits, Perception of Peer Pressure, and Reckless Behavior in Late Adolescents<br>Nida Zafar, Noreen Ilyas, and Rukhsana Kausar<br><i>Institute of Applied Psychology &amp; Centre for Clinical Psychology, University of the Punjab, Lahore</i>  |
| 3. | ICPG 2016-372 | Gender Differences in Third-Person Effect, Cultural Values, and Religious Orientation<br>Aliya Abdul Hayee <sup>1</sup> and Anila Kamal <sup>2</sup><br><sup>1</sup> <i>Department of Social Sciences, SZABIST, Islamabad</i><br><sup>2</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 4. | ICPG 2016-381 | Gender Equality in Optimism, Psychological Well-being, and Quality of Life among Adolescents in Gujrat<br>Sameera Shafiq <sup>1</sup> , Aysha Imtiaz <sup>1</sup> , and Hira Shafiq <sup>2</sup><br><sup>1</sup> <i>University of Gujrat, Hafiz Hayat Campus, Gujrat</i><br><sup>2</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 5. | ICPG 2016-417 | Moderating Role of Gender in the Relationship of Adaptive and Maladaptive Sense of Humor with Perceived Stress among Undergraduate Medical Students<br>Adnan Adil, Ghulam Ishaq, and Shuja Sultan<br><i>University of Sargodha</i>   |
| 6. | ICPG 2016-115 | Psychosocial Challenges of HIV Positive Widows: A Qualitative Study from New Delhi, India<br>Tarun Monga<br><i>Jamia Millia Islamia New Delhi, India</i>   |
| 7. | ICPG 2016-447 | Concept of Masculinity in Men and Their Attitude Towards Women<br>Naveed Arif and Faiz Younas<br><i>Institute of Applied Psychology, University of the Punjab, Lahore</i>  |

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| <b>Tea Break: 15:00 pm – 15:30 pm</b>   |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |

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| <b>Hall – D</b>                                      |
| <b>Day-1 (December 1, 2016)</b>                      |
| <b>Scientific Session 2 (D): 14:00 pm – 15:00 pm</b> |

**Session Chair:** Prof. Dr. Zahid Mehmood (*Head, Institute of Clinical Psychology, UMT, Lahore*)

**Director Representative:** Dr. Jamil A. Malik (*Assistant Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Saeeda Khanum (*NIP Alumna, Lecturer, Centre for Counseling and Career Advisory, NUST, Islamabad*)

**Facilitators:** Sofia Tabbassum, Maryam Haleem, and Zainab Shabbir

**Theme 9 - Gender in Perspective: Clinical and Research Implications (Symposium)**

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| 1. | ICPG 2016-006 | Impact of Perceived Gender Discrimination on the Mental Health Problems of University Students<br>Summira Aslam <sup>1</sup> , Zahid Mahmood <sup>2</sup> , and Sadia Saleem <sup>2</sup><br><sup>1</sup> <i>Government College University, Lahore</i><br><sup>2</sup> <i>University of Management and Technology, Lahore</i> |
| 2. | ICPG 2016-442 | Psychological Effects of Infertility: Risk and Protective Approach<br>Sadia Saleem and Zahid Mahmood<br><i>University of Management and Technology, Lahore</i>  |
| 3. | ICPG 2016-450 | Psychosocial Reactions of Osteoprosis: A Phenomenological Approach<br>Farwah Ali, Fatima Naeem, and Zahid Mahmood<br><i>University of Management and Technology, Lahore</i>   |
| 4. | ICPG 2016-549 | Self-criticism and Mental Health Problems in Male Drug Addicts<br>Sana Ajmal, Ayesha Jabeen, and Zahid Mahmood<br><i>University of Management and Technology, Lahore</i>  |
| 5. | ICPG 2016-548 | Gender Role Conflict of University Students: A Psychometric Approach<br>Shazia Gulzar and Zahid Mahmood<br><i>University of Management and Technology, Lahore</i>   |
| 6. | ICPG 2016-335 | How to Say No: Art Therapy and Sexual Abuse for Girls with and without Disability<br>Nadia Elarabi<br><i>Very Special Arts Association (VSA), Egypt</i>   |
| 7. | ICPG 2016-446 | Marriage Proposal Rejection in Females<br>Zaib-un-Nisa, Sara Subhan and Zahid Mahmood<br><i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>   |

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| <b>Tea Break: 15:00 pm – 15:30 pm</b>   |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |

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| <b>Hall – E</b>                                      |
| <b>Day-1 (December 1, 2016)</b>                      |
| <b>Scientific Session 2 (E): 14:00 pm – 15:00 pm</b> |

**Session Chair:** Dr. Tanvir Akhter (*Head, Department of Psychology, Foundation University, Rawalpindi*)

**Director Representative:** Dr. Humaira Jami (*Assistant Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Sadaf Ahsan (*NIP Alumna, Assistant Prof., Department of Psychology, Foundation University, Rawalpindi*)

**Facilitators:** Yasmin Wajid, Maria Abubakar, and Iqra Tariq

**Theme 10 – Self-determination and Inclusion of Vulnerable Populations 2**

|    |               |  |
|----|---------------|--|
| 1. | ICPG 2016-231 | Sexual Harassment among Salesgirls: Nature of Experiences, Risk Factors, and Coping<br>Anam Rafiq and Sehar-un-Nisa Hassan<br><i>National University Science and Technology, Islamabad</i>                               |
| 2. | ICPG 2016-312 | Sexual Harassment and Coping Strategies among Domestic Female Workers<br>Izzah Gilani and Shaista Waqar<br><i>National Institute of Psychology, Quaid-i-Azam University Islamabad</i>                                    |
| 3. | ICPG 2016-326 | Interpersonal Relationships, Psychological Distress, and Coping Strategies among Acid Burn Female Victims<br>Arooj Mujeeb and Anila Kamal<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 4. | ICPG 2016-406 | Relationship between Self-acceptance and Purpose in Life among Female Acid Attack Survivors<br>Hina Hameed and Zainab Hussain Bhutto<br><i>Institute of Professional Psychology, Bahria University, Karachi</i>          |
| 5. | ICPG 2016-492 | Dynamics of Identities in the Hijra Community (A Case Study of Pakistani Hijra Community)<br>Muhammad Ali Awan<br><i>Goethe University, Frankfurt, Germany</i>   |
| 6. | ICPG 2016-256 | Implicit Relationship Beliefs and Conflict Resolution Styles as Predictors of Marital Satisfaction<br>Alishba Hania Iqbal and Naumana Amjad<br><i>University of the Punjab, Lahore</i>                                   |

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| <b>Tea Break: 15:00 pm – 15:30 pm</b>   |
| <i>Posters and stalls will be displayed outside the hallway of the main auditorium.</i> |

Hall – F  
Day-1 (December 1, 2016)

Training Workshop II  
14:00 pm – 17:00 pm

**Practice of Sedona in Healing Emotions**

Resource Person: Muneeza Manzoor<sup>1</sup> Butt and Rabia Nayab<sup>2</sup>

<sup>1</sup>(*Clinical Psychologist, Mind Care Center and Rehabilitation Unit*)

<sup>2</sup>(*Psychologist Punjab Police and Consultant Psychologist, Police Training Institute, Multan*)

**Organizers:** Nelofar Rauf, Riffat Zaheer, and Saira Khan

**Facilitators:** Umbreen Feroz and Sana Bukhari

Tea Break: 15:00 pm – 15:30 pm

**Hall – A**  
**Day-1 (December 1, 2016)**

**Panel Discussion: 15:30 pm – 17:00 pm**

**Reclaiming Rights: Challenging Gender Based Discrimination**

**Moderator: Dr. Gulnaz Anjum** (*Assistant Prof., Department of Social Sciences & Liberal Arts, Institute of Business Administration, Karachi*)

**Facilitators:** Sadia Huda, Samar Fahd, Sadaf Rehman, Zill-e-Arsh, and Faiqa Sana

**Panelists:**

- Dr. Fauzia Saeed (*Executive Director Lok Virsa*)
- Ms. Benazir Jatoi (*Advocate, Aurat Foundation*)
- Ms. Amber Rahim Shamsi (*Anchor Person, DAWN News Channel*)
- Mr. Anwar-ul-Hassan (*Anchor Person, PTV News Channel*)
- Ms. Sehar Afsheen Khan (*Program Manager, Youth Life Skills Program, Oxfam*)
- Prof. Dr. Razia Sultana (*Vice Chancellor, Shaheed Benazir Bhutto Women University, Peshawar*)
- Prof. Dr. Mehr Bano (*University of Peshawar*)
- Prof. Dr. I. N. Hassan (*Former Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad*)
- Prof. Dr. Seema Pervez (*National Institute of Psychology, Islamabad*)
- Prof. Dr. Salma Siddiqui (*Head, Department of Behavioural Science, NUST, Islamabad*)
- Prof. Dr. Alay Ahmad (*Dean Head of Psychology & Mass Communication Department, Preston University, Kohat-Peshawar*)

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| <b>Hall – A</b>                                     |
| <b>Day-2 (December 2, 2016)</b>                     |
| <b>Scientific Session 3 (A): 9:30 am – 11:00 am</b> |

**Session Chair:** Prof. Dr. Farah Malik (*Institute of Applied Psychology, University of the Punjab, Lahore*)

**Co-Chair:** Prof. Dr. Anila Kamal (*Director, National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Adnan Adil (*NIP Alumnus, Assistant Prof., Department of Psychology, University of Sargodha*)

**Facilitators:** Sadia Huda, Samar Fahd, Zill-e-Ursh Nayyer, and Sadaf Rehman

**Theme 11 – Reproductive Health, Public Health, and Health Care**

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|----|---------------|--|
| 1. | ICPG 2016-077 | Body Image, Social Support, and Quality of Life among Middle-Aged Breast Cancer Patients<br>Afsheen Kanwal and Syeda Salma Hassan<br><i>Government College University, Lahore</i>  |
| 2. | ICPG 2016-138 | Life Style of Pulmonary Tuberculosis Patients<br>Vijendra Nath Pathak<br><i>Jagatpur P.G. College, Varanasi, Uttar Pradesh, India</i>  |
| 3. | ICPG 2016-307 | Quality of Life and Psychological Well-being of Women Consulting Gynecologist, With and Without Menopausal Complications<br>Humaira Naz and Zunaira Aziz<br><i>Centre for Clinical Psychology, University of the Punjab, Lahore</i>  |
| 4. | ICPG 2016-331 | Death Anxiety, Satisfaction with Life, and Coping Strategies among Pregnant Women<br>Saman Rasool, Saira Khan, and Saba Zahid Hayat<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 5. | ICPG 2016-360 | Spirituality, Coping Strategies, and Psychological Well-being among Primary and Secondary Infertile Women<br>Salma Bibi and Rabia Iftikhar<br><i>Clinical Psychology Unit, Government College University, Lahore</i>   |
| 6. | ICPG 2016-539 | Marital Satisfaction and Mental Health of Working and Nonworking Infertile Women<br>Annum Jadoon and Sayeda Farhana Kazmi<br><i>Hazara University, Mansehra</i>  |
| 7. | ICPG 2016-324 | An Exploratory Study of Communication between Parents and Adolescents regarding Sexual and Reproductive Health<br>Saira Khan and Anis-ul-Haque<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 8. | ICPG 2016-329 | Impact of National and International Policy Recommendations on Support for Women's Rights: Psychological and International Law Perspectives<br>Gulnaz Anjum <sup>1</sup> and Mudassar Aziz <sup>2</sup><br><sup>1</sup> <i>Department of Social Sciences &amp; Liberal Arts, Institute of Business Administration, Karachi</i><br><sup>2</sup> <i>Institute of Professional Psychology, Bahria University, Karachi</i> |
| 9. | ICPG 2016-113 | Exploration of Psychological Issues among Male and Female Chronically Ill Patients: A Multi-Informant Perspective<br>Shazia Yousaf and Rubina Hanif<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |

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| <b>Tea Break: 11:00 am – 11:30 am</b> |
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| <b>Hall – B</b>                                     |
| <b>Day-2 (December 2, 2016)</b>                     |
| <b>Scientific Session 3 (B): 9:30 am – 11:00 am</b> |

**Session Chair:** Prof. Dr. Ruhi Khalid (*Director, Institute of Psychology, Beaconhouse National University, Lahore*)

**Director Representative:** Dr. Jamil A. Malik (*Assistant Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Masood Nadeem (*NIP Alumnus, Head, Assistant Prof., Department of Applied Psychology, Islamia University of Bahawalpu*)

**Facilitators:** Aisha Munir, Dania Javaid, and Hifza Imran

**Theme 12 – Engendering Development**

|    |               |   |
|----|---------------|---|
| 1. | ICPG 2016-260 | Body Dissatisfaction, Perfectionism, and Media Exposure among Adolescent Girls and Boys<br>Asma Nigar and Irum Naqvi<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 2. | ICPG 2016-302 | Moderating Impact of Gender on the Relationship between Emotional Autonomy and Behavior Problems among Adolescents<br>Masooma Rafique, Sadia Ahmad, and Atiqa Rafeh<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 3. | ICPG 2016-537 | Significance of Attitude towards Menstruation in Social Adjustment and Mood States of Young Women<br>Afsheen Anjum and Humaira Jami<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 4. | ICPG 2016-363 | Impact of Interpersonal Problems and Psychological Distress among Adolescents: Exploring the Role of Self-silencing and Social Skills<br>Nida Munir and Rubina Hanif<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 5. | ICPG 2016-513 | A Qualitative Analysis of Perception of Romantic Relations among Adolescent Girls in Pakistan<br>Sofia Tabassam Cheema and Jamil A. Malik<br><i>National Institute of Psychology, Quaid-i-Azam University Islamabad</i>   |
| 6. | ICPG 2016-234 | Exploring the Role of Gender in Relationship of Career Decision Making Self-efficacy and Career Thoughts with Career Decision Making among Adolescents<br>Syeda Rubab Aftab and Jamil A. Malik<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 7. | ICPG 2016-252 | Mother's Expressiveness and Behavior Problems in Preschool Children<br>Mubeena Munir and Faiz Younas<br><i>Institute of Applied Psychology, University of the Punjab, Lahore</i>  |
| 8. | ICPG 2016-547 | Exploration of Job Satisfaction among Human Service Professionals in Relation to Gender<br>Mohammad Muzamil Kumar<br><i>University of Kashmir, Srinagar</i>   |
| 9. | ICPG 2016-586 | Gender Differences on Character Strengths, Mindfulness, and Social Competence among Pakistani and Russian University Students.<br>Aisha Zubair, Anila Kamal, and Veronika Artemeva<br><sup>1</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i><br><sup>2</sup> <i>Saint-Petersburg State University of Architecture and Civil Engineering, Russia</i> |

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| <b>Tea Break: 11:00 am – 11:30 am</b> |
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| <b>Hall – C</b>                                     |
| <b>Day-2 (December 2, 2016)</b>                     |
| <b>Scientific Session 3 (C): 9:30 am – 11:00 am</b> |

**Session Chair:** Prof. Dr. Sarah Shahed (*Director WILL / Head, Department of Gender and Development Studies, Lahore College for Women University, Lahore*)

**Director Representative:** Ms. Irum Naqvi (*Lecturer, National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Nazia Iqbal (*NIP Alumna, Assistant Prof., Department of Psychology, Islamic International University, Islamabad*)

**Facilitators:** Attiya Siraj, Mareen, and Faiqa Sana

**Theme 13 – Equality, Justice, and Rights**

|    |               |   |
|----|---------------|---|
| 1. | ICPG 2016-060 | Impact of Intimate Partner's Violence on Women's Emotional Health and Well-being<br>Quratulain Mehmood and Iffat Batool<br><i>Government College University, Lahore</i>   |
| 2. | ICPG 2016-268 | Honour Killing in India: A Psychological Analysis<br>Hashir Ahammed<br><i>Sree Saraswathi Thyagaraja College Pollachi, Tamil Nadu, India</i>  |
| 3. | ICPG 2016-431 | Intimate Partner Violence and Its Association with Contraceptive Use among Women in Pakistan<br>Kashif Siddique <sup>1</sup> , Rubeena Zakar <sup>2</sup> , Naveeda Farhat <sup>2</sup> , and Farah Deebea <sup>2</sup><br><sup>1</sup> <i>Bahauddin Zakariya University Multan</i><br><sup>2</sup> <i>University of the Punjab, Lahore</i>   |
| 4. | ICPG 2016-495 | Intimate Partner Violence and Psychological Distress: Mediating Role of Stockholm Syndrome<br>Amna Ahmad <sup>1</sup> , Mudassar Aziz <sup>2</sup> , and Gulnaz Anjum <sup>3</sup><br><sup>1</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i><br><sup>2</sup> <i>Institute of Professional Psychology, Bahria University, Karachi</i><br><sup>3</sup> <i>Institute of Business Administration, Karachi</i> |
| 5. | ICPG 2016-527 | Role of Attachment and Intimate Partner Violence in Marital Adjustment among Married Individuals<br>Maryam Ashraf and Irum Naqvi<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 6. | ICPG 2016-380 | Development and Validation of Global Psychological Empowerment Scale for Women<br>Syeda Azra Batool <sup>1</sup> and Syeda Shahida Batool <sup>2</sup><br><sup>1</sup> <i>Bahauddin Zakariya University, Multan</i><br><sup>2</sup> <i>Government College University, Lahore</i>  |
| 7. | ICPG 2016-204 | The Impact of Sexual Satisfaction on Emotional and Sexual Infidelity: Comparison of Male and Female Pakistani Fertile Individual and Infertile Patients<br>Rubab Raza, Muhammad Aqeel, Tanveer Akhtar, Waqas Shabbir, and Dur-e-Nayab<br><i>Foundation University, Rawalpindi</i>   |
| 8. | ICPG 2016-541 | Emerging Issue about Hijras in Pakistan: Geographical Analysis of Attitudes and Myths Related to Them<br>Humaira Jami and Anila Kamal<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 9. | ICPG 2016-098 | Adult Attachment Style as a Determinant of Depression, Anxiety and Stress: A Comparison between Single and Nonsingle Adults<br>Aneela Ramzan and Wajeaha Riaz<br><i>Institute of Clinical Psychology, University of Karachi</i>   |

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| <b>Tea Break: 11:00 am – 11:30 am</b> |
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| <b>Hall – D</b><br><b>Day-2 (December 2, 2016)</b>  |
| <b>Scientific Session 3 (D): 9:30 am – 11:00 am</b> |

**Session Chair:** Prof. Dr. Azam Tahir (*Department of Psychology, University of Balochistan, Quetta*)

**Director Representative:** Prof. Dr. Anis-ul-Haque (*National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Syeda Shamama-tus-Saba (*NIP Alumna, Assistant Prof., Head, Department of Psychology, Government Post Graduate College for Women, Rawalpindi*)

**Facilitators:** Sofia Tabbassum, Maryam Haleem, and Zainab Shabbir

#### Theme 14 – Work/Organizational Issues

|    |               |   |
|----|---------------|---|
| 1. | ICPG 2016-228 | Relationship of Organizational Justice Perception and Workplace Reactivity Moderated by Gender Among Telecommunication Employees<br>Shafaq Hashmi and Shaista Waqar<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 2. | ICPG 2016-277 | Women Leadership, Work Autonomy, and Organizational Citizenship Behavior in Banks<br>Nadia Ijaz and Afsheen Masood<br><i>Institute of Applied Psychology, University of the Punjab, Lahore</i>  |
| 3. | ICPG 2016-340 | Role of Empathy and Learned Optimism in Distress Tolerance among Female Medical Professionals: A Cross-cultural Perspective<br>Maimoona Sajid <sup>1</sup> , Aisha Zubair <sup>1</sup> , and Timothy D. Lentz <sup>2</sup><br><sup>1</sup> <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i><br><sup>2</sup> <i>Health South Chesapeake Rehabilitation Hospital, Salisbury, USA</i> |
| 4. | ICPG 2016-157 | A Comparative Study of Gender Role Attitudes, Career Aspirations, and Career Choices<br>Fatima Nadeem and Ruhi Khalid<br><i>Institute of Psychology, Beaconhouse National University, Lahore</i>  |
| 5. | ICPG 2016-297 | Work Family Conflict, Emotional Exhaustion, and Workplace Well-being in Female School Teachers<br>Kousar Azam, Saira Batool, and Rukhsana Kausar<br><i>Institute of Applied Psychology and Centre for Clinical Psychology, University of the Punjab, Lahore</i>   |
| 6. | ICPG 2016-314 | Work-Family Interference and Work Related Outcomes among Employees of Service Sector Organizations: A Gendered Perspective<br>Rabia Muqtadir, Anis-ul-Haque, and Sana Younas<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>   |
| 7. | ICPG 2016-544 | Defense Mechanisms, Perceived Social Support, and Marital Satisfaction: A Study of Fertile and Infertile Women<br>Ulfat Jaan and Amir Sultan<br><i>University of Kashmir, Srinagar</i>  |
| 8. | ICPG 2016-075 | Social Intelligence, Coping Strategies, and Sexual Harassment Experiences In Bus Hostesses<br>Sadia Sabir and Adeela Khalid<br><i>Government College University, Lahore</i>   |

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| <b>Tea Break: 11:00 am – 11:30 am</b> |
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| <b>Hall – E</b>                                     |
| <b>Day-2 (December 2, 2016)</b>                     |
| <b>Scientific Session 3 (E): 9:30 am – 11:00 am</b> |

**Session Chair:** Dr. Shoaib Kiani (*Chief Psychologist, Armed Forces of Pakistan*)

**Director Representative:** Dr. Syeda Razia Bukhari (*Assistant Prof., National Institute of Psychology, QAU, Islamabad*)

**Moderator:** Dr. Sahira Zaman (*NIP Alumna, Assistant Professor, Department of Gender Studies, Fatimah Jinnah Women University, Rawalpindi*)

**Facilitators:** Yasmin Wajid, Maria Abubakar, and Iqra Tariq

#### Theme 15 – Work-Life Conflict

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|----|---------------|--|
| 1. | ICPG 2016-482 | Occupational Stress and Marital Conflict Resolution Ability in Male and Female Adults<br>Sidra Masood and Samia Khalid<br><i>College of Advanced Scientific Technique, Sahiwal</i>   |
| 2. | ICPG 2016-136 | Role Ambiguity and Role Conflict as the Predictors of Work-Family Conflict<br>Faiqa Sana and Naeem Aslam<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>  |
| 3. | ICPG 2016-337 | Role of Perceived Self-efficacy and Spousal Support in Psychological Well-being of Female Entrepreneurs<br>Iqra Rasool and Aisha Zubair<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>                               |
| 4. | ICPG 2016-235 | Comparative Study on Relational Jealousy and Marital Satisfaction between Working and Nonworking Women<br>Anika Asghar, Tamkeen Saleem, and Summia Ilyas<br><i>International Islamic University, Islamabad</i>                                       |
| 5. | ICPG 2016-322 | Career Preferences and Late Marriage among Women: Being Empowered a Social Change or Cultural Upset?<br>Sidra Liaquat<br><i>Institute of Southern Punjab, Multan</i>   |
| 6. | ICPG 2016-543 | Personality Traits and Gender - A Study of Human Service Professionals from Jammu and Kashmir<br>Shawkat Ahmad Shah<br><i>University of Kashmir, Srinagar</i>  |
| 7. | ICPG 2016-111 | Socio-Psychological Problems of Working Mothers: A Pakistan Case<br>Muhammad Ilyas Khan, Shawana Fazal, Muhammad Iqbal Majoka, Asia Bibi, and Syed Manzoor Hussain Shah<br><i>Hazara University, Mansehra</i>  |
| 8. | ICPG 2016-270 | Indicators of Narcissism and Hysteria in Early Adulthood: Gender Based Comparison<br>Faryal Khalil, Iffat Rohail, Nida Hafeez, Hajra Wakar, Neha Pervaiz, and Bakhtawar Kamal<br><i>Foundation University, Rawalpindi</i>                            |
| 9. | ICPG 2016-328 | Relationship between Maternal Separation Anxiety and Work and Social Adjustment among Working Women: Moderation by Family Structure<br>Kubra Zahid and Jamil A. Malik<br><i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |

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| <b>Tea Break: 11:00 am – 11:30 am</b> |
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**Hall – F**  
**Day-2 (December 2, 2016)**  
**Training Workshop III**  
**8:30 am to 12:00 pm**

**Creative Interventions for Survivors of Abuse**

Resource Persons:

Dr. Zainab F. Zadeh (*Director*), and Dr. Kiran Bashir Ahmad (*Assistant Professor*)  
*Institute of Professional Psychology, Bahria University, Karachi*

**Organizers:** Nelofar Rauf, Riffat Zaheer, and Saira Khan

**Facilitators:** Umbreen Feroz and Sana Bukhari

**Tea Break: 11:00 am – 11:30 am**

**Hall A**  
**Day-2 (December 2, 2016)**

**Closing Ceremony: 11:30 am – 12:30 pm**

- Recitation from Holy Quran
- Concluding Remarks by Dr. Sobia Masood (*Organiser, Assistant Prof., National Institute of Psychology, Quaid-i-Azam University, Islamabad*)
- Note of Thanks by Prof. Dr. Anila Kamal (*Chief Organizer, Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad*)
- Address by Sayed Wiqar Ali Shah  
*Dean, Social Sciences, Quaid-i-Azam University, Islamabad*
- Address by Dr. Javed Ashraf  
*Vice Chancellor, Quaid-i-Azam University, Islamabad*
- Address by Prof. Dr. Arshad Ali  
*Executive Director, Higher Education Commission, Pakistan*
- Presentation of Shields

**Poster Presentations**

**Judges for Poster Presentation Competition**

- Dr. Talat Sohail (*Chairperson, Department of Applied Psychology, Lahore College Women University*)
- Dr. Syeda Shahida Batool (*Head, Department of Psychology, Government College University, Lahore*)
- Dr. Nasreen Rafique (*Head, Department of Psychology, F.G. College for Women, F-7/2, Islamabad*)
- Dr. Uzma Masroor (*Head, Department of Psychology, Bahria University, Islamabad*)
- Dr. Kehkashan Arooj (*Head, Department of Psychology, Islamic International University, Islamabad*)
- Dr. Nashi Khan (*Associate Professor, Clinical Psychologist, University of the Punjab, Lahore*)
- Dr. Madiha Asghar (*Assistant Professor, Department of Psychology, Islamia College University, Peshawar*)

*Note. Posters and stalls will be displayed outside the hallway of the main auditorium throughout the day.*