

CONFERENCE PROGRAM

Day-1 (November 29, 2018)

Registration: 8:30 am – 9:00 am

Guests to be seated: 9:00 am – 9:30 am

Hall – A

Day-1 (November 29, 2018)

Inaugural Session: 9:30 am – 10:30 am

Recitation of Holy Quran

Welcome Address by Prof. Dr. Anila Kamal

Chief Organizer, Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad

Address by Prof. Dr. Muhammad Ali

Vice Chancellor, Quaid-i-Azam University, Islamabad

Address by Prof. Dr. Tariq Banuri

Chairman, Higher Education Commission, Pakistan

Address by Mr. Shafqat Mahmood

Federal Minister for Federal Education and Professional Training

Address by Dr. Arif-ur-Rehman Alvi

President Islamic Republic of Pakistan

Chancellor, Quaid-i-Azam University, Islamabad

Presentation of Shields to Guests

Tea Break: 10:30 am – 11:00 am

Hall – A

Day-1 (November 29, 2018)

Keynote Address Session 1: 11:00 am – 12:30 pm

Developing Training, Practice, and Research of Psychology in South Asia: Challenges, Strategies, and Success

Dr. Darshan Perera (*Chair of the Faculty of Colombo Institute of Research and Psychology, Sri Lanka*)

Sex is not a Dirty Word: The Science Behind Sex Education

Dr. Sofia Jawed Wessel (*Associate Professor, School of Health and Kinesiology, University of Nebraska at Omaha, Omaha, NE, USA*)

Threats to Security in the 21st Century: The Brain Matters!

Dr. Najma Najam (*Professor, Emeritus, University of the Punjab, Lahore; Advisor Academics, Virtual University, Lahore, Pakistan*)

Moderator: Ms. Sadia Huda (*PhD Scholar*)

IT Facilitator: Mr. Muhammad Usman

Facilitators: Ms. Sadaf Rehman, Ms. Namood-e-Sahar, Mr. Aurang Zeb, Ms. Irum Noureen, Ms. Aneela Aziz

Lunch and Prayer Break: 13:20 pm – 14:10 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – A**Day-1 (November 29, 2018)****Scientific Session 1 (A): 12:30 pm – 13:20 pm****Session Chair:** Prof. Dr. Farah Malik (*Institute of Applied Psychology, University of Punjab, Lahore*)**Director:** Prof. Dr. Anila Kamal (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)**Moderator:** Ms. Aliya Abdul Hayee (*PhD Scholar*)**Theme 1 – Happiness, Health, and Wellness**

1.	ICPP 2018-025	Relationship Between Religiosity and Happiness: Mediating Role of Purpose in Life Among University Students Ammara Maqbool and Syeda Farhana Kazmi <i>Department of Psychology, Hazara University, Mansehra</i>
2.	ICPP 2018-058	Depression Influences the Subjective Happiness of University Students Syeda Razia Bukhari ¹ , Sarwat Jahan Khanam ² , and Haroon-ur-Rashid ³ ¹ <i>Department of Clinical Psychology, Shifa Tameer-e-Millat University, Islamabad</i> ² <i>Institute of Clinical Psychology, University of Karachi</i> ³ <i>Armed Forces Institute of Mental Health, Rawalpindi</i>
3.	ICPP 2018-126	Impact of Social Anxiety on Psychological Well-Being and Social Functioning of Young Adults Shabana Noureen ¹ , Asia Mushtaq ² , Farrah Khanum ¹ , and Saba ZerNaz Hafsa ¹ ¹ <i>Department of Psychology, Preston University, Islamabad Campus</i> ² <i>Department of Applied Psychology, National University of Modern Languages, Islamabad</i>
4.	ICPP 2018-220	Impact of Oversleeping on Cognitive Impairment and Mental Well-Being in Adults Sidra Ilyas and Alia Asmat <i>Department of Psychology, Riphah International University, Faisalabad</i>
5.	ICPP- 2018-436	Relationship Between Compassion Satisfaction, Burnout, and Secondary Traumatic Stress Among Trauma Care Providers Ziasma Haneef Khan, Saba Laraib Maqsood, and Hooria Khalid <i>Department of Psychology, University of Karachi</i>
6.	ICPP 2018-019	Role of Multitasking, Gender Role Attitudes, and Marital Adjustment for a Flourishing Community Through Better Interpersonal Relations Saima Kalsoom and Anila Kamal <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>

IT Facilitator: Mr. Muhammad Usman**Facilitators:** Ms. Sadaf Rehman, Ms. Namood-e-Sahar, Mr. Aurang Zeb, Ms. Irum Noureen, Ms. Aneela Aziz**Lunch and Prayer Break: 13:20 pm – 14:10 pm***Posters and stalls will be displayed outside in the hallway of the main auditorium.*

Hall – B
Day-1 (November 29, 2018)

Scientific Session 1 (B): 12:30 pm – 13:20 pm

Session Chair: Prof. Dr. Mahnazir Riaz (*Shaheed Benazir Bhutto Women University, Peshawar*)

Symposium Chair: Dr. Najma Malik (*Department of Psychology, University of Sargodha*)

Director Representative: Dr. Humaira Jami (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Attiya Siraj (*PhD Scholar*)

Theme 2 – Family and Positive Interpersonal Relationship (Symposium)

1.	ICPP 2018-227	Emotional Intelligence as a Mediator in Relationship Between Core Self-Evaluation and Quality of Life Among Working and Nonworking Women of Sargodha District Nadia Rizwan, Sadia Niazi, and Saba Ghayas <i>Department of Psychology, University of Sargodha</i>
2.	ICPP 2018-399	Meaning in Life and Psychological Well-Being Among University Students: Peer Pressure as Moderator Farkhanda Nawaz ¹ , Sadia Malik ¹ , and Memoona Khan ² ¹ <i>Department of Psychology, University of Sargodha</i> ² <i>Department of Psychology, University of Lahore</i>
3.	ICPP 2018-400	Role of Mental Well-Being in Relationship of Mindfulness and Self-Compassion Among Doctors Irfana Bibi, Mohsin Atta, Najma Iqbal Malik, and Sultan Shujja <i>Department of Psychology, University of Sargodha</i>
4.	ICPP 2018-401	Social Isolation as Predictor of Core Self-Evaluation and Religiosity in Elderly Saba Muzamil and Irsa Fatima Makhdoom <i>Department of Psychology, University of Sargodha</i>
5.	ICPP 2018-403	Relationship of Psychological Capital and Hedonic Well-Being: Mediating Role of Eudaimonic Well-Being Romaisa Irfan, Irsa Fatima Makhdoom, and Najma Iqbal Malik <i>Department of Psychology, University of Sargodha</i>
6.	ICPP 2018-404	Moderating Role of Trust Between the Relationship of Machiavellianism and Marital Satisfaction Usama Gondal, Irsa Fatima Makhdoom, and Mohsin Atta <i>Department of Psychology, University of Sargodha</i>

IT Facilitator: Mr. Muhammad Yasir

Facilitators: Ms. Fatima Afsar, Ms. Hira Kanwal, Ms. Farwa Shabbir, Ms. Madeha Ashraf, Ms. Farah Shamim, Ms. Zainab Naseem

Lunch and Prayer Break: 13:20 pm – 14:10 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – C
Day-1 (November 29, 2018)

Scientific Session 1 (C): 12:30 pm – 13:20 pm

Session Chair: Prof. Dr. Rukhsana Kausar (*School of Social Sciences and Humanities, University of Management and Technology, Lahore*)

Co-chair: Dr. Tanvir Akhtar (*Department of Psychology, Foundation University, Rawalpindi*)

Director Representative: Dr. Rubina Hanif (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Meh Para Siddique (*PhD Scholar*)

Theme 3 – Prosocial Behavior and Social Support

1.	ICPP 2018-045	Character Strengths and Well-Being of Others: Exploring the Role of Character Strengths in Predicting Antisocial and Prosocial Behaviors in Young Adults Afifa Anjum and Naumana Amjad <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
2.	ICPP 2018-104	Qualitative Study on Pakistani Adolescents' Kindness Khansa ¹ , Shazia Khalid ¹ , and Fahad Riaz ² ¹ <i>Psychology Department, Preston University, Islamabad Campus</i> ² <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
3.	ICPP 2018-139	Vigilantism: Justice Delayed is Justice Denied Tasawar Iqbal and Syeda Salma Hassan <i>Department of Psychology, Government College University, Lahore</i>
4.	ICPP 2018-170	Exploration of the Predictors of Psychological Capital in Orphans: A Qualitative Inquiry Shanza Fayyaz and Arooj Mujeeb <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
5.	ICPP 2018-234	Role of Perceived Social Support and Humor Styles in Subjective Well-Being Among Students Moeena Kausar Satti, Fatima Arsalan Butt, Esra Faruq, and Anam-ul-Malik <i>Department of Applied Psychology, Islamabad Model College for Girls (Postgraduate), F-7/2</i>
6.	ICPP 2018-367	Parenting Practices and Emotional Empathy as Predictors of Prosocial Behaviour in Adolescents Imtiaz Ali ¹ , Sobia Masood ² , and Syeda Farhana Kazmi ¹ ¹ <i>Department of Psychology, University of Hazara, Mansehra</i> ² <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>

IT Facilitator: Mr. Fahad Mukhtar

Facilitators: Ms. Kubra Zahid, Ms. Amna Shafqat, Ms. Sana Bukhari, Ms. Sana Younis, Ms. Farah Mir

Lunch and Prayer Break: 13:20 pm – 14:10 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – D**Day-1 (November 29, 2018)****Scientific Session 1 (D): 12:30 pm – 13:20 pm****Session Chair:** Prof. Dr. Jahanzeb Khan (*Department of Psychology, University of Peshawar*)**Co-chair:** Dr. Shoaib Kiani (*Chief Psychologist, Pakistan Armed Forces, Rawalpindi*)**Director Representative:** Dr. Naeem Aslam (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)**Moderator:** Ms. Sofia Tabassum Cheema (*PhD Scholar*)**Theme 4 – Optimism, Hope, and Humor**

1.	ICPP 2018-065	Effect of Positive Psychological Intervention in Enhancing Coping Strategies and Well-Being Among Female Residents of Shelter Homes Khizra Iqbal ¹ and Rizwana Amin ² ¹ <i>District Headquarter Hospital, Khanewal</i> ² <i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i>
2.	ICPP 2018-080	Role of Social Connectedness, Loneliness, and Interpersonal Support in Hopelessness Among Adults Anika Asghar and Nazia Iqbal <i>Department of Psychology, International Islamic University, Islamabad</i>
3.	ICPP 2018-136	Impact of Optimism - Pessimism and Affectivity on Psychological Adjustment Among Medical Doctors Aiman Ejaz and Nazia Iqbal <i>Department of Psychology, International Islamic University, Islamabad</i>
4.	ICPP 2018-141	Optimism Level, Academic Achievement, and Subjective Happiness of University Students: Comparative Study of Punjab and Khyber Pakhtoonkhwa Inayat Shah ¹ , Kainat Zia ² , and Samina Rashid ³ ¹ <i>Department of Psychology, University of Malakand, Dir</i> ² <i>Department of Psychology, International Islamic University, Islamabad</i> ³ <i>Department of Psychology, University of Wah, Wah Cantt</i>
5.	ICPP 2018-229	Hope as Mediator Between Perceived Social Support and Quality of Life Among Patients with Tuberculosis in Azad Kashmir Ammara Maqbool, Haseeba Shoukat, and Tanvir Akhtar <i>Department of Psychology, Foundation University, Rawalpindi</i>
6.	ICPP 2018-419	Perceived Child Abuse and Social Competence in Adolescents: Role of Resilience Saira Munsaf Khan and Anum Azhar <i>Department of Psychology, University of Management and Technology, Lahore</i>

IT Facilitator: Mr. Naveed Aslam**Facilitators:** Ms. Erum Rafique, Ms. Anam Mehmood, Ms. Ayesha Khan, Ms. Syeda Abeeha Kanwal**Lunch and Prayer Break: 13:20 pm – 14:10 pm***Posters and stalls will be displayed outside in the hallway of the main auditorium.*

Hall – E
Day-1 (November 29, 2018)

Scientific Session 1(E): 12:30 pm – 13:20 pm

Session Chair: Prof. Dr. Mumtaz Jaffery (*COMSATS University, Islamabad*)

Co-chair: Prof. Dr. Salma Siddique (*Department of Behavioral Sciences, National University of Science and Technology, Islamabad*)

Director Representative: Dr. Jamil A. Malik (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Aisha Kashif (*PhD Scholar*)

Theme 5– Quality of Life

1.	ICPP 2018-077	Exploring the Quality of Life of Patients with Diabetes: A Moderated-Mediation Model of Protective Factors Shahla Saeed ¹ , Jamil A. Malik ¹ , and Sarwar Malik ² ¹ <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> ² <i>Department of Medicine, Federal Government Polyclinic Hospital, Islamabad</i>
2.	ICPP 2018-131	Mediating Mechanisms of Competence Need Satisfaction Between Self-Regulation and Quality of Life Among University Undergraduates Ali Haider, Adnan Adil, Sadia Niazi, and Sultan Shujja <i>Department of Psychology, University of Sargodha</i>
3.	ICPP 2018-133	Music Absorption and Well-being in Adults: Mediating Role of Spirituality Imran Mehmood ¹ , Muhammad Faran ¹ , and Farah Malik ² ¹ <i>Department of Psychology, University of Management and Technology, Lahore</i> ² <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
4.	ICPP 2018-146	The Impact of Spirituality on Mental Well-Being Among Health Care Professionals Aasia Faiz ¹ and Mamoonah Ismail Loona ² ¹ <i>Department of Psychology, Govt. Waqar-un-Nisa Postgraduate College for Women, Rawalpindi</i> ² <i>Department of Psychology, International Islamic University, Islamabad</i>
5.	ICPP 2018-151	Predictive Relationship Between Quality of Life and Depression Among Patients With Diabetes Type-II Umara Rauf ¹ and Uzma Ali ² ¹ <i>Department of Psychology, Government College Women University, Sialkot</i> ² <i>Institute of Clinical Psychology, University of Karachi</i>
6.	ICPP 2018-414	Influence of Globalization on Cultural Identity and Quality of Life of Young Adults Khadija Malik <i>Department of Psychology, Forman Christian College University, Lahore</i>

IT Facilitator: Mr. Khadim Hussain

Facilitators: Ms. Mureen A. Malik, Ms. Hifza Imran, Ms. Rahat Munir Ahmad, Ms. Summaiya Kanwal

Lunch and Prayer Break: 13:20 pm – 14:10 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – A
Day-1 (November 29, 2018)

Keynote Address Session 2: 14:10 pm – 15:00 pm

The Narnian Character Virtue Scales: Review, Revision, Research, and Reflection

Dr. Christopher Alan Lewis (*Professor, Warwick Religions and Education Research Unit, Centre for Education Studies, University of Warwick, UK*)

Resilience and Growth: How Minority Groups Preserve Despite Racism?

Dr. Donna Baird (*Assistant Professor (Adjunct) – University of Maryland University College, Adelphi, USA*)

Moderator: Dr. Irum Naqvi (*Conference Organizer*)

IT Facilitator: Mr. Muhammad Usman

Facilitators: Ms. Sadaf Rehman, Ms. Namood-e-Sahar, Mr. Aurangzeb, Ms. Irum Noreen, Ms. Aneela Aziz

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – A
Day-1 (November 29, 2018)

Scientific Session 2 (A): 15:00 pm – 16:30 pm

Session Chair: Prof. Dr. Najma Najam (*Advisor Academics, Virtual University, Lahore*)

Director: Prof. Dr. Anila Kamal (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Sanam Younis (*PhD Scholar*)

Theme 6 – Marriage and Parent-Child Relation

1.	ICPP 2018-011	Child Parent Relationship Association With Young Children's Mental Well-Being Nighat Gul ¹ , Syeda Farhana Kazmi ² , and Tehseen Tahir ³ ¹ <i>Frontier Education Complex, VU Campus, Haripur</i> ² <i>Department of Psychology, University of Hazara, Mansehra</i> ³ <i>Education Department, University of Hazara, Mansehra</i>
2.	ICPP 2018-041	Emotion Expressivity and Psychological Flourishing of Married Individuals: Gender and Type of Marriage as Moderators Samar Fahd and Rubina Hanif <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
3.	ICPP 2018-046	Gratitude and Forgiveness as Predictors of Subjective Well-Being Among Young Adults Hudaa Hermaen and Zainab Hassain Bhutto <i>Institute of Professional Psychology, Bahria University, Karachi</i>
4.	ICPP 2018-072	Household Chaos and Behavioral Problems Among Young Children Farah Akram ¹ and Syeda Shamama-tus-Sabah ² ¹ <i>Fatima Jinnah Women University, Rawalpindi</i> ² <i>Govt. Post Graduate College for Women, University of Gujrat (Sub Campus), Rawalpindi</i>
5.	ICPP 2018-096	Parenting Styles, Moral Sensitivity, Perfectionism, Judgment and Virtues in Young Adults Ayesha Farooq and Iram Fatima <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
6.	ICPP 2018-110	Coping Self-Efficacy: A Mediator or Moderator for the Impact of Coercive Control Experiences on Mental Health of Married Individuals? Sania Mazher and Sobia Masood <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
7.	ICPP 2018-134	Music Engagement and Psychosocial Well-Being in Teenagers: Moderating Role of Gender Muhammad Faran ¹ , Tehmina Akmal ¹ , and Farah Malik ² ¹ <i>Department of Psychology, University of Management and Technology, Lahore</i> ² <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
8.	ICPP 2018-309	Moderating Role of Parental Support for the Effect of Expectations in Romantic Relations of Adolescents on their Psychological Well-Being Sofia Tabassam Cheema and Jamil A. Malik <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
9.	ICPP 2018-323	The Impact of Perceived Social Support on Subjective Well-Being Among Parents of Disable and Non-Disable Children Aiman Farooq, Masood Nadeem, Fatima Javaid, and Areeba Ather Malik <i>Department of Applied Psychology, The Islamia University, Bhawalpur</i>
10.	ICPP 2018-336	Conflict Resolution Styles and Self-Compassion: Implications for Mental Health of Married Adults Aisha Parveen and Sadia Malik <i>Department of Psychology, University of Sargodha</i>

IT Facilitator: Mr. Muhammad Usman

Facilitators: Ms. Sadaf Rehman, Ms. Namood-e-Sahar, Mr. Aurang Zeb, Ms. Irum Noureen, Ms. Aneela Aziz

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – B
Day-1 (November 29, 2018)

Scientific Session 2 (B): 15:00 pm – 16:30 pm

Session Chair: Prof. Dr. Talat Sohail (*Department of Applied Psychology, Lahore College for Women University*)

Symposium Chair: Dr. Amina Muazzam (*Department of Applied Psychology, Lahore College for Women University*)

Director Representative: Dr. Humaira Jami (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Saima Kulsoom (*PhD Scholar*)

Theme 7 – Assessment and Intervention in Health and Behavior (Symposium)

1.	ICPP 2018-191	Leaders are Human - A Softer Side of Pakistani Leaders Uzma Ashiq Khan and Sarah Shahid <i>Department of Gender and Development Studies, Lahore College for Women University</i>
2.	ICPP 2018-390	The Positive Emotion Scale: Construct Development, Refinement, and Validation Amna Shamim and Amina Muazzam <i>Department of Applied Psychology, Lahore College for Women University</i>
3.	ICPP 2018-391	Impact of Hearing Impairment on Subjective Well-Being and Psychological Distress in Adults Yasmeen Niazi and Bisma Ejaz <i>Department of Applied Psychology, Lahore College for Women University</i>
4.	ICPP 2018-392	HRQOL in HCV Patients Across Treatment Regimes Naima Hassan and Amina Muazzam <i>Department of Applied Psychology, Lahore College for Women University</i>
5.	ICCP 2018-394	Indigenous Work Family Stress Strain Scale Mahira Ahmad and Amina Muazzam <i>Department of Applied Psychology, Lahore College for Women University</i>
6.	ICPP 2018-395	Development of Indigenous Scale on Neuro-Psychological and Physiological Side Effects of Interferon Therapy in HCV Patients Naima Hassan and Amina Muazzam <i>Department of Applied Psychology, Lahore College for Women University</i>
7.	ICPP 2018-396	Body Image Satisfaction and Self-Esteem of Exercisers and Nonexercisers Musfirah Wadood and Talat Sohail <i>Department of Applied Psychology, Lahore College for Women University</i>
8.	ICPP 2018-398	Adjustment Problems, Depression and Academic Achievement: The Mediating Role of Psychological Resilience Umm-e-Rubab Kazmi and Amina Muazzam <i>Department of Applied Psychology, Lahore College for Women University, Lahore</i>

IT Facilitator: Mr. Muhammad Yasir

Facilitators: Ms. Fatima Afsar, Ms. Hira Kanwal, Ms. Farwa Shabbir, Ms. Madeha Ashraf, Ms. Farah Shamim, Ms. Zainab Naseem

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – C**Day-1 (November 29, 2018)****Scientific Session 2 (C): 15:00 pm – 16:30 pm****Session Chair:** Dr. Shahida Batool (*Department of Psychology, Government College University, Lahore*)**Co-chair:** Dr. Sarwat Sultan (*Department of Applied Psychology, Bahauddin Zakariya University, Multan*)**Director Representative:** Dr. Sobia Masood (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)**Moderator:** Ms. Faiza Rasul (*PhD Scholar*)**Theme 8 – Community Mental Health**

1.	ICPP 2018-027	Prevalence of Burnout in the University Administrative Staff Sana Doud and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
2.	ICPP 2018-173	Ethnic Identity as Moderator Between Acculturation and Psychological Well-Being Rabia Tariq ¹ , Asma Anwar ² , Muhammad Saeed ³ , and Rabia Farooqi ² ¹ <i>Institute of Clinical Psychology,</i> ² <i>Department of Psychology,</i> ³ <i>Department of Political Science,</i> <i>University of Management and Technology, Lahore</i>
3.	ICPP 2018-308	The Short-Lived, Lived Longer: Role of Infatuation in Mental Health of University Students Naida Aslam and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
4.	ICPP 2018-313	Posttraumatic Stress Reactions, Self-Compassion, and Mental Health Problems in Caregivers of Burn Patients Nida Ayub, Fatima Naeem, and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
5.	ICPP 2018-340	Self-Concealment, Perceived Social Support, and Mental Health Problems in University Students Sohaila Javed and Ayesha Jabeen <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
6.	ICPP 2018-370	Venting the Silence of Menstrual Monster: Premenstrual Symptoms and Emotional Disclosure in Female College Students Rida Amjad, Ayesha Jabeen, Sadia Saleem, and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
7.	ICPP 2018-373	Demographics and Self-Efficacy as Predictors of Mental Issues in Farmers: An Empirical Study Lubna Shahzadi, Ayesha Jabeen, and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
8.	ICPP 2018-378	Self-Compassion and Difficulties in Emotion Regulation in Caregivers of Orphanages Tayyaba Tahir, Sara Subhan, and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
9.	ICPP 2018-429	Embitterment, Marital Satisfaction, and Mental Health in Women With Infertility Usra Hajra ¹ , Sadia Saleem ² , and Zahid Mahmood ² ¹ <i>Institute of Clinical Psychology, University of Management and Technology, Sialkot</i> ² <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>

IT Facilitator: Mr. Fahad Mukhtar**Facilitators:** Ms. Kubra Zahid, Ms. Amna Shafqat, Ms. Sana Bukhari, Ms. Farah Mir*Posters and stalls will be displayed outside in the hallway of the main auditorium.*

Hall – D
Day-1 (November 29, 2018)

Scientific Session 2 (D): 15:00 pm – 16:30 pm

Session Chair: Prof. Dr. Azam Tahir (*Department of Psychology, University of Balochistan, Quetta,*)

Co-chair: Dr. Sofia Jawed Wessel (*University of Nebraska at Omaha, NE, USA*)

Director Representative: Dr. Naeem Aslam (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Haleema Saadia (*PhD Scholar*)

Theme 9 - Education

1.	ICPP 2018-001	Impact of Self-Regulatory Learning on Academic Achievement and Psychological Well-Being of Students: The Moderating Role of Parental Involvement and Academic Resilience. Faiza Bashir ¹ and Sahira Zaman ² ¹ <i>Behavioral Sciences Department, Fatima Jinnah Women University, Rawalpindi</i> ² <i>Department of Gender Studies, Fatima Jinnah Women University, Rawalpindi</i>
2.	ICPP 2018-064	Achievement Goals and Academic Achievement: The Mediating Role of Learning Strategies M. Omer Shehzad ¹ and Mudassar Aziz ² ¹ <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> ² <i>Department of Social Sciences, Shaheed Zulfikar Ali Bhutto, Institute of Science and Technology, Karachi</i>
3.	ICPP 2018-082	Affective Core in the Relationship Between Theory of Mind and Altruism Among University Students Amna Mohsin and Rabia Khawar <i>Department of Psychology, Government College University, Faisalabad</i>
4.	ICPP 2018-129	Impact of Academic PsyCap on Study Engagement Among University Undergraduates: Role of Flow and Self-Handicapping Behavior Adnan Adil, Sadaf Ameer, and Saba Ghayas <i>Department of Psychology, University of Sargodha</i>
5.	ICPP 2018-164	Impact of Personality Traits on Emotion Regulation Among Undergraduate University Students Sadia Malik, Masood Nadeem, Sumraz Saleem, Maria Pervaiz, and Fatima Javaid <i>Department of Applied Psychology, The Islamia University, Bhawalpur</i>
6.	ICPP 2018-249	Motivational Process: The Role of Contextual Cognitive Factors Among School Children Hira Arooj ¹ and Tazvin Ijaz ² ¹ <i>The Bridges School, Lahore (Collaborated with Iowa University, USA)</i> ² <i>Clinical Psychology Unit, Govt. College University, Lahore</i>
7.	ICPP 2018-326	Impact of Self-Compassion on Thought Suppression and Achievement Goals Among University Students Syeda Farhat-ul-Ain Zahra, Ifrah Qamar, and Najma Iqbal Malik <i>Department of Psychology, University of Sargodha</i>
8.	ICPP 2018-351	Positive Self-Image and Narcissism as Predictors of Social Networking Sites Usage Pattern in Postgraduate Students Afsheen Masood ¹ , Rafia Rafique ¹ , Shama Mazzahir ¹ , and Muhammad Sulman ² ¹ <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> ² <i>School of Media and Communication Studies, University of Central Punjab, Lahore</i>
9.	ICPP 2018-426	Candy Crush Addiction, Executive Functioning, and Grade Point Average in University Students Nida Zafar ¹ , Rukhsana Kausar ² , and Stale Pallesen ³ ¹ <i>Institute of Applied Psychology, University of Punjab, Lahore</i> ² <i>School of Social Sciences and Humanities, University of Management and Technology, Lahore</i> ³ <i>Department of Psychosocial Sciences, University of Bergen, Norway</i>

IT Facilitator: Mr. Naveed Aslam

Facilitators: Ms. Erum Rafique, Ms. Anam Mehmood, Ms. Ayesha Khan, Ms. Syeda Abeeha Kanwal

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – E
Day-1 (November 29, 2018)

Scientific Session 2 (E): 15:00 pm – 16:30 pm

Session Chair: Prof. Dr. Seema Pervez (*Consultant, Chemin des Lombardes, Versoix, Switzerland*)

Co-chair: Dr. Syed Sajjad Hussain (*Chief Psychologist SPD, Rawalpindi*)

Director Representative: Dr. Nelofar Rauf (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Maheen Khan (*PhD Scholar*)

Theme 10 – Clinical Practices

1.	ICPP 2018-023	Prevalence of Somatic Symptoms Among Clinical Population Rabia Batool and Noshi Iram Zaman <i>Institute of Professional Psychology, Bahria University, Islamabad</i>
2.	ICPP 2018-059	Subclinical Psychopathic Traits as Predictors of Psychological Well- Being in Forensic and Non-Forensic Samples Shazia Habib and Syeda Shahida Batool <i>Department of Psychology, Government College University, Lahore</i>
3.	ICPP 2018-093	Adaptation and Modification of Dialectical Behaviour Therapy for Pakistani Population: Incorporating Views and Opinions of Patients and Health Professionals Mirrat Gul Butt and Zahid Mahmood <i>Institute of Clinical Psychology, University of Management and Technology, Lahore</i>
4.	ICPP 2018-122	Religiously Integrated Forgiveness Therapy: An Anger and Pain Reduction Intervention for Individuals with Musculoskeletal Pain in Pakistan Maria Bashir, Tamkeen Saleem, and Kehkashan Arouj <i>Department of Psychology, International Islamic University, Islamabad</i>
5.	ICPP 2018-166	Effectiveness of CBT Based Self-Help Manual in Improving Mental Health of Mother of Child With Autism – A Case Study of Anxiety Fareeha Kanwal and Zainab F. Zadeh <i>Institute of Professional Psychology, Bahria University, Karachi</i>
6.	ICPP 2018-168	Posttraumatic Growth and Quality of Life after Experiencing a Traumatic Event: Mediated Role of Perceived Social Support Dania Javed and Rubina Hanif <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
7.	ICPP 2018-179	Psychological Well-Being and Menopausal Symptoms Among Pre-Menopausal, Peri-Menopausal, and Post-Menopausal Women Remona Salik ¹ and Anila Kamal ² ¹ <i>Govt. Post Graduate College for Women, University of Gujrat (Sub Campus), Rawalpindi</i> ² <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
8.	ICPP 2018-185	Parent and Peer Attachment as Predictors of Aggression and Social Anxiety Among Adolescents Tehmina Zainab, Noreena Kausar, and Bushra Bibi <i>Department of Psychology, University of Gujrat, Hafiz Hayat Campus, Jalal Pur Jattan</i>
9.	ICPP 2018-219	Broad Autism Phenotypy, Coping Skills, and Parenting Stress in Parents Having a Child With Autism Spectrum Disorder Shakila Akhter ¹ and Zaeema Farooq ² ¹ <i>Department of Psychiatry, Aziz Bhatti Shaheed Teaching Hospital, Gujrat</i> ² <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
10.	ICPP 2018-255	Effectiveness of Wellness Recovery Action Plan (WRAP) on the Patients With Psychotic Symptoms Tabinda Afzal and Kiran Bashir Ahmed <i>Institute of Professional Psychology, Bahria University, Karachi</i>

IT Facilitator: Mr. Khadim Hussain

Facilitators: Ms. Mareen A. Malik, Ms. Hifza Imran, Ms. Rahat Munir Ahmad, Ms. Summaiya Kanwal

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Day-1 (November 29, 2018)

**Training Workshop
12: 00pm – 16:00 pm**

Identifying Beliefs Central to Personality and Well Being

Resource Person: Jeremy D. W. Clifton
(The University of Pennsylvania, Philadelphia, USA)

Organizers: Dr. Rubina Hanif and Ms. Riffat Zahir

Facilitators: Ms. Amna Farooq and Mr. Tahir Ellahi

Venue: National Institute of Psychology, Quaid-i-Azam University, Islamabad

Day-2 (November 30, 2018)

Hall – A
Day-2 (November 30, 2018)

Keynote Address Session 3 : 09:15 am – 10:05 am

Conducting Cross-Culturally Valid Research: Generating Positive and Relevant Findings

Dr. Lawrence H. Gerstein (*Director, Professor of Psychology, Center for Peace and Conflict Studies, Ball State University, Muncie, Indiana, USA*)

Positivity is Contagious: Keep Smiling and Radiate Positivity

Prof. Dr. Seema Pervez (*Consultant, Chemin des Lombardes, Versoix, Switzerland*)

Negating Determinism and Moving Towards Positive Psychology

Dr. Ruhi Khalid (*Professor, Director, Institute of Psychology, Beaconhouse National University, Lahore, Pakistan*)

Moderator: Ms. Samar Fahad (*Ph.D Scholar*)

IT Facilitator: Mr. Muhammad Usman

Facilitators: Ms. Sadaf Rehman, Ms. Namood-e-Sahar, Mr. Aurang Zeb, Ms. Irum Noureen, Ms. Aneela Aziz

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – A
Day-2 (November 30, 2018)

Scientific Session 3 (A): 10:05 am – 11:30 am

Session Chair: Prof. Dr. Christopher Alan Lewis (*Professor, Warwick Religions and Education Research Unit, Centre for Education Studies, University of Warwick, UK*)

Director: Prof. Dr. Anila Kamal (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Hafsa Khalil Toor (*PhD Scholar*)

Theme 11 – Personality and Personal Development

1.	ICPP 2018-009	Self-Efficacy and Communication Apprehension: Role of Emotion Regulation Fakiha Shabbir <i>Department of Applied Psychology, Islamabad Model College for Girls, F-10/2</i>
2.	ICPP 2018-032	Moral Self-Image and Self-Esteem Among Young Adults Raja Zeeshan Sarmad, Iffat Batool, and Anam Naeem <i>Department of Psychology, Government College University, Lahore</i>
3.	ICPP 2018-062	Impact of Personality Traits on Thrill Seeking Among Adventure Travelers: Pakistani Case Study Rabia Zonash ¹ and Kehkashan Arouj ² ¹ <i>Department of Psychology, Foundation University, Rawalpindi</i> ² <i>Department of Psychology, International Islamic University, Islamabad</i>
4.	ICPP 2018-067	Happiness and Personality Traits as Predictors of Optimism in School and College Teachers Nasreen Akhtar and Samar Saleem <i>Department of Psychology, Government College University, Lahore</i>
5.	ICPP 2018-181	The Impact of Curiosity and Exploration on Personal Growth and Life Satisfaction Among University Students Tahira Kalsoom, M. Saqib Shabir, and Sarwat Sultan <i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i>
6.	ICPP 2018-238	Identity Styles and Positive Youth Development: Mediating Role of Commitment Among Adolescents Rahma Sohail, Saira Khan, and Asia Farooq <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
7.	ICPP 2018-271	Birth Order: A Way Out to Problem Solving and Creativity Skills Syeda Baseera Zahra and Nelofar Rauf <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
8.	ICPP 2018-328	Role Media Plays in Portraying Positive Psychology Construct: A Thematic Analysis of Film "Salute" Tanvir Akhtar, Farhana Sajjad Kiani, Hajrah Aman Ullah, Hadia Ghafar, and Samreen Khurshid <i>Department of Psychology, Foundation University, Rawalpindi</i>
9.	ICPP 2018-432	Folk Literature Shaping Gender Identity: A Content Analysis of Shina Folk Songs and Sayings in Gilgit-Baltistan Zia ul Haq Anwar ¹ and Iftikhar N. Hassan ² ¹ <i>Karakoram International University, Gilgit- Baltistan</i> ² <i>Department of Clinical Psychology, Shifa Tameer-e-Millat University, Islamabad</i>

IT Facilitator: Mr. Muhammad Usman

Facilitators: Ms. Sadaf Rehman, Ms. Namood-e-Sahar, Mr. Aurang Zeb, Ms. Irum Noureen, Ms. Aneela Aziz

Tea Break: 11:30 am – 12:00 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – B**Day-2 (November 30, 2018)****Scientific Session 3 (B): 10:05 am – 11:30 am****Session Chair:** Prof. Dr. Anis-ul-Haque (*National University of Modern Languages, Islamabad*)**Co-chair:** Jeremy D. W. Clifton (*University of Pennsylvania, Philadelphia, USA*)**Director Representative:** Dr. Humaira Jami (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)**Moderator:** Ms. Arooj Fatima (*PhD Scholar*)**Theme 12 – Work and Organizations**

1.	ICPP 2018-004	Personality Traits and Career Decision-Making Difficulties of College Students: Moderating Role of Cognitive Style Sidrah Shafeeq and Mamoonah Ismail Loona <i>Department of Psychology, International Islamic University, Islamabad</i>
2.	ICPP 2018-005	Career Transition and Work Stress: The Mediating Role of Quality of Work Life Among Retired Army Officer Rafia Rafique, Amna Jawad, Afsheen Masood, and Shiza Sheerazi <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
3.	ICPP 2018-021	Conflict Management and Leadership Styles of Teaching Staff at Higher Education Level: Moderating Role of Gender Sidra Kiran and Almas Ikram Kayani <i>Department of Education, Pir Mehr Ali Shah Arid Agriculture University, Rawalpindi</i>
4.	ICPP 2018-196	Women Police Officers: Stress and Coping Bisma Tayyab, Farhat Jamil, and Ruhi Khalid <i>Institute of Psychology, Beaconhouse National University, Lahore</i>
5.	ICPP 2018-285	Does Life Satisfaction Moderate the Relationship Between Burnout and Depression Among Nurses? Araib Khan and Naeem Aslam <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
6.	ICPP 2018-287	Antecedents of Employee Engagement in University Teachers: Mediating Role of Appreciative Inquiry Iqra Ameer and Aisha Zubair <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
7.	ICPP 2018-423	Predictors of Quality of Life Among Women With Infertility: Mediating Role of Resilience Noreena Akbar and Aisha Zubair <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
8.	ICPP 2018-430	Individual, Familial, and Socio-Cultural Determinants of Women's Empowerment Syeda Azra Batool ¹ and Syeda Shahida Batool ² ¹ <i>Department of Economics, Bahauddin Zakariya University, Multan</i> ² <i>Department of Psychology, Government College University, Lahore</i>
9.	ICCP 2018-433	Management Study on Motivation of Foreign Qualified Faculty at CIIT Yasir Masood Afaq <i>MYMA Communications (Pvt) Ltd, Islamabad</i>

IT Facilitator: Mr. Muhammad Yasir**Facilitators:** Ms. Fatima Afsar, Ms. Hira Kanwal, Ms. Farwa Shabbir, Ms. Madeha Ashraf, Ms. Farah Shamim, Ms. Zainab Naseem**Tea Break: 11:30 am – 12:00 pm***Posters and stalls will be displayed outside in the hallway of the main auditorium.*

Hall – C
Day-2 (November 30, 2018)

Scientific Session 3 (C): 10:05 am – 11:30 am

Session Chair: Prof. Dr. Iftikhar N. Hassan (*Department of Clinical Psychology, Shifa Tameer-e-Millat University, Islamabad*)

Co-chair: Dr. Salma Hassan (*Department of Psychology, Government College University, Lahore*)

Director Representative: Dr. Sobia Masood (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Maria Abubakar

Theme 13 – Counseling and Psychoeducation

1.	ICPP 2018-069	Self-Stigma and Attitudes Towards Seeking Psychological Help in University Students Kausar Malik and Kiran Bashir Ahmad <i>Institute of Professional Psychology, Bahria University, Karachi</i>
2.	ICPP 2018-123	Internalized Shame as a Mediator in the Relationship Between PTSD Symptomatology and Social Anxiety Among Retired Army Officers Gulyana Shehzad, Sadaf Ahsan, and Saadiya Abbasi <i>Department of Psychology, Foundation University, Islamabad</i>
3.	ICPP 2018-116	Effect of Perceived Social Support and Spiritual Well-Being on Life Satisfaction With the Moderating Role of Gender Among Thalassemia Patients Asma Zafar and Narjis Sherazi <i>Department of Psychology, Virtual University of Pakistan</i>
4.	ICPP 2018-252	Personality as a Predictor of Aggression and Psychological Distress Among Smokers Negarish Sakhi and Sadaf Ahsan <i>Department of Psychology, Foundation University, Rawalpindi</i>
5.	ICPP 2018-273	Poly-Victimization, Moral Disengagement, and High-Risk Behaviors in Adolescents Wadiat Batool and Aisha Sitwat <i>Centre for Clinical Psychology, University of the Punjab, Lahore</i>
6.	ICPP 2018-304	Role of Positive Psychology Constructs in Reducing the Feelings of Loneliness in Hostel Students Zehra Keshf ¹ and Mubeena Munir ² ¹ <i>School of Social Sciences and Humanities, National University of Science and Technology, Islamabad</i> ² <i>Department of Professional Psychology, Bahria University, Lahore</i>
7.	ICPP 2018-311	Relationship Between Perceived Discrimination and Psychological Distress Among Students and Teachers Arooj Zahid and Syed Aziz-ud-Din Agha <i>Department of Psychology, University of Baluchistan, Quetta</i>
8.	ICPP 2018-362	Mediating Role of Self-Esteem Between Academic Achievement and Happiness Among Orphan and Nonorphan Children Saadiya Abbasi, Bushra Awan, Kanwar Hamza Shuia, and Saba Bashir <i>Department of Psychology, Foundation University, Rawalpindi</i>
9.	ICPP 2018-420	Clinical Practice Through use of Positive Psychology Maryam Bibi ¹ and Tanvir Akhtar ² ¹ <i>SehatYab, Bahria Town, Islamabad</i> ² <i>Department of Psychology, Foundation University, Rawalpindi</i>

IT Facilitator: Mr. Fahad Mukhtar

Facilitators: Ms. Kubra Zahid, Ms. Amna Shafqat, Ms. Sana Younis, Ms. Farah Mir

Tea Break: 11:30 am – 12:00 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall – D
Day-2 (November 30, 2018)

Scientific Session 3 (D): 10:05 am – 11:30 am

Session Chair: Prof. Dr. Ruhi Khalid (*Institute of Psychology, Beaconhouse National University, Lahore*)
Co-chair: Dr. Donna Baird (*University of Maryland University College, Adelphi, USA*)
Director Representative: Dr. Naeem Aslam (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)
Moderator: Nadia Batool (*PhD Scholar*)

Theme 14 –Social and Global Issues

1.	ICPP 2018-075	Meaning in Life and Psychological Well-Being Among Women with Breast Cancer Saher Bukhari and Nazia Jahangir <i>Department of Psychology, Institute of Southern Punjab, Multan</i>
2.	ICPP 2018-107	Is Achievement Always Positive? Fear of Achievement Among Educated Young Women in Karachi Gulnaz Anjum ¹ , Mudassar Aziz ² , and Armeen Godil ¹ ¹ <i>Department of Social Sciences and Liberal Arts, Institute of Business Administration, Karachi</i> ² <i>Department of Social Sciences, Shaheed Zulfikar Ali Bhutto Institute of Science and Technology, Karachi</i>
3.	ICPP 2018-124	Experiences of Cyber Harassment, Self-Efficacy, and Social Adjustment in Female University Students Sumaira Ayub and Farah Malik <i>Institute of Applied Psychology, University of the Punjab, Lahore</i>
4.	ICPP 2018-198	Reasons for Repatriation: Economic Locus of Control and Self-Efficacy of Gulf-Based Male Expatriates Abeer Shahid Malik and Ruhi Khalid <i>Institute of Psychology, Beaconhouse National University, Lahore</i>
5.	ICPP 2018-201	Efficacy of Positive Psychology Interventions on the Subjective Well-Being of Orphaned and Abandoned Females Naima Fatima Shariff and Zainab F. Zadeh <i>Institute of Professional Psychology, Bahria University, Karachi</i>
6.	ICPP 2018-209	Moderating Role of Coping Strategies Between Fear of Terrorism and Psychological Distress Among Staff Members of Public Parks, Lahore, Pakistan – A Moderated Analysis Iqra Sahar ¹ and Rukhsana Kausar ² ¹ <i>Centre of Clinical Psychology, University of the Punjab, Lahore</i> ² <i>School of Social Sciences and Humanities, University of Management and Technology, Lahore</i>
7.	ICPP 2018-251	Differences in Perception of Environmental Characteristics (Intra-Familial Relations and Socio-Economic Status) Among Male and Female University Students as Initiating Factors for Child Sexual Abuse Sundas Raheel <i>Kahkashan Society, Malir Halt, Karachi</i>
8.	ICPP 2018-289	Mindful Eating and Emotional Regulation Among University Students With and Without Obesity Maira Zahid and Irum Naqvi <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>

IT Facilitator: Mr. Naveed Aslam

Facilitators: Ms. Erum Rafique, Ms. Anam Mehmood, Ms. Ayesha Khan, Ms. Syeda Abeeha Kanwal

Tea Break: 11:30 am – 12:00 pm

Posters and stalls will be displayed outside the hallway of the main auditorium.

Hall – E
Day-2 (November 30, 2018)

Scientific Session 3 (E): 10:05 am – 11:30 am

Session Chair: Prof. Dr. Tahir Khalily (*Department of Psychology, Islamic International University, Islamabad*)

Co-chair: Dr. Darshan Perera (*Colombo Institute of Research and Psychology, Srilanka*)

Director Representative: Dr. Fahad Riaz (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Moderator: Ms. Nimrah Ishfaq (*PhD Scholar*)

Theme 15 – Psychological Assessments

1.	ICPP 2018-006	Determining the Psychometric Properties of Siddiqui Anxiety Scale – Revised Sabaenah Salim ¹ and Salma Siddiqui ² ¹ <i>Ancillary Health Services, Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore</i> ² <i>Department of Behavioral Sciences, National University of Sciences and Technology, Islamabad</i>
2.	ICPP 2018-022	Psychometric Properties of Urdu Translation of Striling Children Emotional and Psychological Well-Being Scale in Pakistan (Pilot Study) Beenish Sarfaraz ¹ and Zahid Iqbal ² ¹ <i>Department of Psychology, University of Sindh, Jamshoro</i> ² <i>Department of Psychology, International Islamic University, Islamabad</i>
3.	ICPP 2018-035	Development, Validation, and Psychometric Evaluation of Comprehensive Instrument Measuring Morality (CIMM) Aasma Munir ¹ , Jamil A. Malik ¹ , and Ghulam Abbas ² ¹ <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> ² <i>Department of Psychology, Islamic International University, Islamabad</i>
4.	ICPP 2018-060	The Role of Parental Emotional Warmth in Predicting Positive Attributes, Resilience and Emotional Intelligence Gharbila Anwer, Sobia Masood, and Sana Younas <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
5.	ICPP 2018-115	Translation and Validation of Personal Growth Initiative Scale - II for Pakistani Adults Sadia Zaman and Irum Naqvi <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
6.	ICPP 2018-142	Reducing Emotional and Behavioral Problems by Improving Life Skills and Self-Esteem of Institutionalized Children: Effectiveness of an Art-Based Intervention Zoya Amjad and Humaira Jami <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>
7.	ICPP 2018-154	Development of General Wellness Assessment Scale (GWAS) Nyla Kausar and Iffat Rohail <i>Department of Psychology, Foundation University, Rawalpindi</i>
8.	ICPP 2018-176	Hope, Subjective Happiness, and Life Satisfaction: A Study of Employed and Unemployed University Students Benish Khan ¹ , Umara Rauf ² , and Seema Munaf ¹ ¹ <i>Institute of Clinical Psychology, University of Karachi,</i> ² <i>Department of Psychology, Government College Women University, Sialkot</i>
9.	ICPP 2018-247	Validation and Development of the Norms of the NEO PI-R Domain Scales for Emerging Adults Shahid Irfan ¹ and Anila Kamal ² ¹ <i>Multidisciplinary Department, National University of Medical Sciences, Rawalpindi</i> ² <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i>

IT Facilitator: Mr. Khadim Hussain

Facilitators: Ms. Maren A. Malik, Ms. Hifza Imran, Ms. Rahat Munir Ahmad, Ms. Summaiya Kanwal

Tea Break: 11:30 am – 12:00 pm

Posters and stalls will be displayed outside in the hallway of the main auditorium.

Hall A
Day-2 (November 30, 2018)

Closing Ceremony: 12:00 pm – 01:00 pm

Recitation of Holy Quran

Concluding Remarks by Dr. Irum Naqvi (*Organizer, National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Note of Thanks by Prof. Dr. Anila Kamal (*Chief Organizer, Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Address by Prof. Dr. Muhammad Ali
Vice Chancellor, Quaid-i-Azam University, Islamabad

Address by Prof. Dr. Arshad Ali
Executive Director, Higher Education Commission, Pakistan

Address by Prof. Dr. Tariq Banuri
Chairman, Higher Education Commission, Pakistan

Presentation of Shields

Poster Presentations
(November 29 - 30, 2018)

Judges for Poster Presentations Competition

- Dr. Farhana Kazmi (*Department of Psychology, Hazara University, Mansehra*)
- Dr. Uzma Masroor (*Institute of Professional Psychology, Bahria University, Islamabad*)
- Dr. Aneela Maqsood (*Department of Behavioral Sciences, Fatima Jinnah Women University, Rawalpindi*)
- Dr. Nazia Iqbal (*Department of Psychology, Islamic International University, Islamabad*)
- Dr. Nighat Gilani (*Department of Behavioral Sciences, National University of Science and Technology, Islamabad*)
- Dr. Iffat Rohail (*Department of Psychology, Foundation University, Rawalpindi*)
- Dr. Sahira Zaman (*Department of Gender Studies, Fatima Jinnah Women University, Rawalpindi*)

Organizing Committee: Dr. Nelofar Rauf, Dr. Jamil A. Malik, Dr. Fahad Riaz, Ms. Saira Khan
(*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Facilitators: Ms. Arfa Mubeen, Ms. Kainat Raza Khan, Ms. Shumaila Imtiaz, Ms. Hamna Ayub

PRE-CONFERENCE TRAINING WORKSHOPS (2018)

Organizing Committee: Dr. Rubina Hanif, Ms. Riffat Zahir, and Mr. Tahir Ellahi
(National Institute of Psychology, Quaid-i-Azam University, Islamabad)

Facilitators: Ms. Amna Farooq and Mr. Muhammad Yasir

No.	Title and Date	Resource Person	Affiliation
1	Identifying Beliefs Central to Personality and Well-Being (29 th Nov)	Mr. Jeremy D. W. Clifton	The University of Pennsylvania, Philadelphia, USA
2	Psychological Insights for Planning, Training, and Developing Protocols for Effective Communication in Emergencies and Crisis (28 th Nov)	Dr. Darshan Perera	Institute of Research and Psychology, Colombo, Sri Lanka
3	The PhD Process and More: Reflections of an External Examiner (28 th Nov)	Dr. Christopher Alan Lewis	Warwick Religions and Education Research Unit, Centre for Education Studies, University of Warwick, United Kingdom
4	A User's Guide to Publishing in Journals in Psychology: A Practical Workshop (27 th Nov)	Dr. Christopher Alan Lewis	Warwick Religions and Education Research Unit, Centre for Education Studies, University of Warwick, United Kingdom
5	Mental Health Mind Technologies (23 rd Nov)	Dr. Imran Y. Muhammad ¹ (Sitara-e-Imtiaz) and Dr. Sobia Aftab ²	¹ Transformation International Society, Karachi Pakistan ² Institute of Clinical Psychology, University of Karachi, Pakistan
6	Interpretative Phenomenological Analysis: Theory and Advanced Data Analysis (Level II) (16 th Nov)	Dr. Saima Ehsan	Department of Psychology, Foundation University, Rawalpindi, Pakistan
7	Understanding and Using NVIVO (16 th Nov)	Dr. Mujeeba Ashraf	Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan
8	Applied Behavior Analysis (ABA): Preparing Behavior Intervention Plan (BIP) (14 th Nov)	Dr. Uzma Masroor	Institute of Professional Psychology, Bahria University, Islamabad, Pakistan
9	Assessing Intelligence by Using Raven's Progressive Matrices (9 th Nov)	Dr. Rubina Hanif and Dr. Naeem Aslam	National Institute of Psychology, Quaid-i-Azam University Islamabad, Pakistan
10	Dealing Children in Special Education: Practical Considerations (7 th Nov)	Dr. Ayza Yazdani Abid	Department of Psychology, Foundation University, Rawalpindi, Pakistan
11	Conditional Process Analysis for Customized Models: Practice With PROCESS Macro (5 th Nov)	Dr. Jamil A. Malik	National Institute of Psychology, Quaid-i-Azam University Islamabad, Pakistan
12	Enhancing Presentation Skills: Thriving in the Professional World (30 th Oct)	Ms. Arooj Mujeeb	National Institute of Psychology, Quaid-i-Azam University Islamabad, Pakistan

13	Fostering Compassion Towards Self (24 th Oct)	Ms. Sara Imtiaz	National Institute of Psychology, Quaid-i-Azam University Islamabad, Pakistan
14	Essential Skills for Counseling Process and Handling Anxieties and Fears (17 th Oct)	Dr. Nelofar Kiran Rauf, Ms. Raiha Aftab and Ms. Saira Khan	National Institute of Psychology, Quaid-i-Azam University Islamabad, Pakistan
15	Writing Journal Articles and Dissertations: Following APA Report Writing Style (10 th Oct)	Dr. Sobia Masood and Dr. Humaira Jami	National Institute of Psychology, Quaid-i-Azam University Islamabad, Pakistan
16	The Bender Visual-Motor Gestalt Test (Bender-Gestalt II) (2 nd Oct)	Dr. Syeda Razia Bukhari	Department of Clinical Psychology, Shifa Tameer-e-Millat University, Islamabad, Pakistan
17	Interpretative Phenomenological Analysis: Introduction and Advanced Data Analysis (25 th Sep)	Dr. Fahad Riaz Choudhry	Monash University, Australia
18	Spring-Clean Your Life Through Stress Management Coping Strategies for Stress in Life and at Work (11 th Sep)	Mr. Yasir Masood Afaq	House of Wellness (HOW), Islamabad, Pakistan
19	Implementation of Prolonged Exposure Therapy for PTSD (16 th Aug)	Dr. Maleeha Abbas	VA Puget Sound Healthcare System, Seattle, WA, USA
20	Building Resilience in Mental Health Professionals (8 th Aug)	Dr. Ambrin F. Masood	College of Allied Health Professions, Montana State University Billings, USA
21	Understanding Autism and its Management: An ABA Approach (6 th Aug)	Mr. Mansur Choudry	Autism Clinic Jeffrey and Theresa McDougall Special Care Oklahoma City, and University of Central Oklahoma USA
22	Pains and Pleasures of Parenting (25 th Jun)	Dr. Seema Pervez	Consultant, Chemin des Lombardes, Versoix, Switzerland