

Dr. Muhammad Ajmal
National Institute of Psychology
Centre of Excellence
Quaid-i-Azam University, Islamabad

9th International Conference
Trauma, Abuse, & Violence: Thriving For A World Without Torture

CONFERENCE PROGRAM

July 23rd, 2022

Inaugural Session: 9:00 am – 11:30 am

Recitation of Holy Quran

Opening Remarks by Dr. Saira Khan

Organizer, Lecturer, National Institute of Psychology, Quaid-i-Azam University, Islamabad

Keynote Lecture I: 9:30 am-09:45 am

Global and Local Anti-Torture Movements

Frank Cohn (*Vancouver Association for Survivors of Torture, VAST*)

Moderator: Dr. Saira Khan

Keynote Lecture II: 09:45 am – 10:00 am

Preventing Torture in Police Settings: Insights and Reflections

Dr. Asir Ajmal (*Dean & Professor of Psychology at GIFT University*)

Moderator: Dr. Aisha Zubair

Address by Vice Chancellor and Dean Social Sciences 10:00 -11.30 am

Welcome Note by Prof. Dr. Rubina Hanif

Chief Organizer, Director, National Institute of Psychology, Quaid-i-Azam University, Islamabad

Address by Prof. Dr. Muhammad Idrees

Dean, Faculty of Social Sciences, Quaid-i-Azam University, Islamabad

Address by Prof. Dr. Muhammad Ali

Vice Chancellor, Quaid-i-Azam University, Islamabad

Note of Thanks

Keynote Lecture III: 11:30 am – 12:00 pm

Prevention Programs to Confront Sexual Violence Victimization in South Asian University Campuses

Prof. Dr. Lawrence H. Gerstein (*Center for Peace & Conflict Studies, Ball State University, USA*)

Dr. Aashna Banerjee (*Center for Peace & Conflict Studies, Ball State University, USA*)

Moderator: Dr. Aisha Zubair

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Scientific Session 1A: 12:00 pm - 01:30 pm

Session Chair: Prof. Dr. Tanvir Akhtar (*Department of Psychology, Foundation University, Islamabad*)

Co-Chair: Prof. Dr. Iffat Rohail (*Department of Psychology, Foundation University, Islamabad*)

Session Incharge: Dr. Jamil A. Malik (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Muhammad Usman

Theme: Child Maltreatment/Adverse Childhood Experiences

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|---|----------------|---|
| 1 | EM-22ICTP -004 | Attachment Security, Trauma Appraisal and Post Trauma Stress in School Girls of Kasur Aimen Zafar ¹ Butt and Aisha Sitwat ² ¹ <i>Department of Professional Psychology, Bahria University, Islamabad</i> ² <i>Centre for Clinical Psychology, University of the Punjab, Lahore</i> |
| 2 | EM-22ICTP -017 | A Comparative Study of Childhood Trauma and Self-Harm in Individuals with Clinical Depression and Non-clinical Adult Controls Faiz Younas, Aleena Rubab, and Kashaf Noor <i>Institute of Applied Psychology, University of Punjab, Lahore</i> |
| 3 | EM-22ICTP -020 | Impact of Childhood Exposure to Domestic Violence on Moral Disengagement: The Mediating Role of Self-Control Among Young Adults Maryam Haleem and Sobia Masood <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 4 | EM-22ICTP -021 | Role of Childhood Trauma, Bullying, Relational Aggression, and Personality Traits With Mental Health Among Bully Perpetrators Mishal Mehmood and Nazia Iqbal <i>Department of Psychology, International Islamic University Female Campus, Islamabad</i> |
| 5 | TH-22ICTP -030 | Childhood Trauma and Behavior Problems: Examining the Mediating Role of Experiential Avoidance Among Young Adolescents Zaryab Fatima and Rayna Sadia <i>Department of Applied Psychology, Riphah International University, Islamabad</i> |

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| 6 | EM-22ICTP-036 | Childhood Physical Abuse, Physical Neglect, Ego Resilience, and Life Satisfaction Among Young Adults Beenish Mubeen, Hafsa Khan, Faisal Nawaz, and Hira Abbas <i>Department of Applied Psychology, School of Professional Psychology, University of Management and Technology, Lahore</i> |
| 7 | EM-22ICTP-055 | Child Beggars of Pathan/Afghan Origin in Karachi: Subject to Poverty or Human Trafficking Arhama Noor Faridi <i>Department of Psychology, Muhammad Ali Jinnah University, Islamabad</i> |
| 8 | EM-22ICTP -056 | Childhood Adversities, Interpersonal Difficulty, and Psychopathic Tendencies in Destitute Children Muhammad Faran ¹ , Saima Kalsoom ² , Naima Hassan ³ , and Waqas Younas ⁴ ^{1,2} <i>Department of Professional Psychology, Bahria University, Islamabad</i> ³ <i>Department of Psychology, Virtual University, Pakistan</i> ⁴ <i>School Education Department, Government of Punjab</i> |
| 9 | EM-22ICTP -062 | Impact of Parenting Styles on Victimization and Anti-social Behavior of Children Sarwat Sultan ¹ , Maria Anwar Khan ² , Anila Sadaf ³ , Usman Ayub ⁴ , and Muhammad Sajid ⁵ ¹ <i>Applied Psychology Department, Bahauddin Zakariya University, Multan</i> ^{2,3} <i>National University of Modern Languages, Multan</i> ^{4,5} <i>Applied Psychology Department, Bahauddin Zakariya University, Multan</i> |
| 10 | EM-22ICTP -066 | Experience of Childhood Maltreatment Leading to Stress, Depression, and Anxiety in Young Adults Salman Aslam, Motasem Mirza, Amna Iqbal, and Asma Javed <i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i> |

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Scientific Session 1B: 12:00 pm - 01:30 pm

Session Chair: Prof. Dr. M. Tahir Khalily (*Shifa Tameer-e-Millat University, Islamabad*)

Co-Chair: Dr. Syeda Shahida Batool (*Department of Psychology, Government College University, Lahore*)

Session Incharge: Dr. Sobia Masood (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Fahad Mukhtar

Theme: Child Maltreatment/Adverse Childhood Experiences

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| 1 | EM-22ICTP-067 | Relationship Between Adverse Childhood Experiences and Aggression Among University Students Maria Munawar and Uzma Mushtaq <i>Department of Psychology, Capital University of Science and Technology, Islamabad</i> |
| 2 | EM-22ICTP-072 | Pakistani Married Women Survivors of Child Sexual Abuse and Their Intimate Relationship Difficulties Amina Tariq ¹ and Ahmed Bilal ² ¹ <i>Research Cell, University College of Medicine and Dentistry, University of Lahore</i> ² <i>Applied Psychology, School of Professional Psychology, University of Management and Technology, Lahore</i> |
| 3 | EM-22ICTP-074 | Childhood Trauma, Fear of Happiness, and Self-Concept in Young Adults Saba Jamshaid and Faqiha Anjum <i>Govt. Islamia Graduate College for Women, Lahore</i> |
| 4 | TH-22ICTP-076 | Unheard, Unseen: A Qualitative Inquiry of Retrospections of Childhood Neglect Among Female University Students Laiba Khalid, Ayesha Batool, Ruhma Naeem, Areeha Khan Durrani, and Zubair Manzoor <i>Department of Applied Psychology, The Islamia University of Bahawalpur</i> |
| 5 | EM-22ICTP-082 | Mediating Role of Ego Resiliency in the Association Between Childhood Maltreatment and Perceived Relationship Quality With Romantic Partner in Emerging Adults Syeda Hijab Zahra and Asia Mushtaq <i>Department of Applied Psychology, National University of Modern Languages, Islamabad</i> |
| 6 | EM-22ICTP-099 | Recollections of Adverse Childhood Experiences and Vindictive Behavior in Adults Shazia Khalid ¹ , Sumaya Batool ² , and Saira Javed ³ ^{1,3} <i>Department of Psychology, National University of Medical Sciences, Rawalpindi</i> ² <i>Department of Psychology, University of Sargodha</i> |
| 7 | EM-22ICTP-101 | Childhood Emotional Maltreatment, Maltreatment, Maladaptive Daydreaming, Emotional Processing, and Trait Mindfulness Among Adolescents Aneela Begum ¹ and Mussarat Jabeen Khan ² ¹ <i>MS Psychology Student, District Swabi, Village Kala</i> ² <i>International Islamic University, Islamabad</i> |
| 8 | EM-22ICTP-105 | Childhood Trauma Persisting in Adulthood: A Case Study Mehak Munir and Fatima Ali <i>Department of Clinical Psychology, University of Management and Technology, Lahore</i> |

July 23rd, 2022

Scientific Session 1C: 12:00 pm - 01:30 pm

Session Chair: Prof. Dr. Anila Kamal (*Vice Chancellor, Rawalpindi Women University, Rawalpindi*)

Co-Chair: Dr. Najma Malik (*Department of Psychology, University of Sargodha, Sargodha*)

Session Incharge: Dr. Nelofar Kiran Rauf (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Ubaid Ullah

Theme: Adult Survivors of Maltreatment and Trauma

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| 1 | EM-22ICTP-006 | Impact of Marital Conflict and Marital Commitment Upon Quality of Marriage Maryam Waseem and Riffat Zahir <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 2 | EM-22ICTP-013 | Impact of Parental Rejection on Callous Unemotional Traits in Young Adults: Role of Self-Control Sania Mazher and Sobia Masood <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 3 | EM-22ICTP-014 | Impact of Adverse Childhood Experiences on Mental Health of Young Adults: Role of Self-Compassion Fatima Raheem, Sobia Masood, and Sania Mazher <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 4 | TH-22ICTP -024 | Perceived Similarity With Victims of Sexual Harassment, Empathy and Victim Blaming in Young Women Tayba Younus and Farah Malik <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 5 | EM-22ICTP-034 | Resilience, Self-Esteem and Quality of Life Among Burn Survivors Rabia Zaheer and Afsheen Gul <i>Department of Applied Psychology, Kinnaird College for Women, Lahore</i> |
| 6 | EM-22ICTP-059 | COVID-19 Pandemic-Based Psychological Effects of Vicarious Trauma on Healthcare Professionals Hajra Maryam and Shazia Habib <i>Department of Applied Psychology, GC University, Faisalabad</i> |
| 7 | EM-22ICTP-060 | Lived Experiences of Postpartum Depression In Pakistan: A Qualitative Study Mariyum Amjad and Asma Majeed <i>Department of Applied Psychology, Kinnaird College, Lahore</i> |
| 8 | TH-22ICTP -063 | Impact of Workplace Bullying on Emotional Exhaustion Through Mediating Effect of Psychological Distress Among Private School Teachers Maria Anwar Khan ¹ , Muhammad Saleem ² , Anila Sadaf ³ , and Samira Rafiq ⁴ ¹ <i>National University of Modern Languages, Multan</i> ² <i>The Islamia University, Bahawalpur</i> ³ <i>National University of Modern Languages, Rawalpindi</i> ⁴ <i>The University of Sahiwal, Sahiwal</i> |
| 9 | EM-22ICTP-069 | Impact of Self Efficacy and Emotional Regulation on Mental Health Among Women Suffering From Breast Cancer Musarrat Parveen and Nazia Iqbal <i>Department of Psychology, International Islamic University, Islamabad</i> |

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| 10 | TH-22ICTP -097 | Pandemic as a Trauma: Learned Helplessness Emergence, Basic Needs Frustration: Development of Addictive Behavior And Hypochondria Olesya V. Volkova ¹ , Olga A. Tsvetkova ² , Alena V. Rupeka ³ , and Anastasiya Yu Shadrina ⁴ ^{1,3,4} Voino-Yasenetsky Krasnoyarsk State Medical University, Russia ² Omsk State Technical University, Russia |
| 11 | EM-22ICTP-098 | Workplace Violence and Job Performance among Health Care Workers: Mediating Role of Job Insecurity Saniya Jabeen, Hafiza Arooba Javed, Muhammad Saleem, Ali Raza Siddique and Ruhma Naeem <i>Department Of Applied Psychology, The Islamia University of Bahawalpur</i> |
| 12 | EM-22ICTP-100 | Rumination as Predictor of Anxiety, Depression, Stress and Affect Among People with Traumatic Amputation in Pakistan Ahmer Iqbal ¹ , Shazia Khalid ² , and Umar Fayaz ³ ¹ Department of Psychology, Preston University, Islamabad Campus ^{2,3} Department of Psychology, National University of Medical Sciences, Rawalpindi |

Keynote Lecture IV: 01:30 pm - 01:45 pm

Elderly Abuse and Need for Social Protection

Dr. Wajid Pirzada (*CEO Roots Pakistan-A Grassroots Development Action*)

Moderator: Ms. Riffat Zahir

Keynote Lecture V: 01:45 pm - 02:00 pm

Children and Adolescents of Special Context: Clinical Assessment and Intervention of Abuse and Violence Trauma

Prof. Dr. Farah Malik (*Institute of Applied Psychology, University of Punjab, Lahore*)

Moderator: Ms. Arooj Mujeeb

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Scientific Session 2A: 02:00 pm - 03:30 pm

Session Chair: Prof. Dr. Muhammad Jahanzeb Khan (*Vice Chancellor FATA University, Khyber Pakhtunkhwa*)

Co-chair: Dr. Aneela Maqsood (*Department of Behavioral Sciences, Fatima Jinnah Women University, Rawalpindi*)

Session Incharge: Dr. Aisha Zubair (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Muhammad Usman

Theme: Adolescent Trauma and Youth Violence

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| 1 | EM-22ICTP-001 | Impact of Self-Regulation on Socio-Academic Competence in Adolescents: Bullying and Victimization as Mediators Sameera Shafiq and Sidra Batool <i>Department of Psychology, University of Gujrat</i> |
| 2 | EM-22ICTP-003 | Experiences and Coping Behaviors in Victims of Bullying: An Interpretative Phenomenological Analysis Hadiqa Noor and Rafia Rafique <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 3 | EM-22ICTP-007 | Impact of Perceived Emotional Abuse on Emotion Regulation and Self-Esteem Among Adolescents Ume Aiman and Riffat Zahir <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 4 | EM-22ICTP-032 | Incidental News Exposure, Perceived Safety and Fear of Sexual Victimization in Female University Students Ameera Salahuddin and Farwa Chaudhary <i>Department of Psychology, Lahore Garrison University</i> |
| 5 | EM-22ICTP-040 | Abuse and Neglect and Psychological Reactions in Adolescents Mediating Role of Self Esteem and Self Injurious Behavior Uzma Ashiq, Sara Subhan, and Sayyeda Taskeen Zahra <i>School of Professional Psychology, Department of Clinical Psychology University of Management and Technology, Lahore</i> |
| 6 | EM-22ICTP-061 | Parental Rejection and Dark Triad in Juvenile Delinquents: Intervening Effect of Peer Delinquency Muhammad Asim Saleem ¹ , Muhammad Faran ² , and Saima Kalsoom ³ ¹ <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> ^{2,3} <i>Department of Professional Psychology, Bahria University, Islamabad</i> |
| 7 | EM-22ICTP-064 | Impact of Cognitive Errors Upon Anti-Social and Criminal Behavior Among Youth: Role of Age, Gender, and Accommodation Raheela Shahid and Motasem Mirza <i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i> |
| 8 | TH-22ICTP-077 | Why Do People Bully Online? A Qualitative Inquiry of Household Dysfunction Among Cyber-Bullies Ammara Noor, Ayesha Batool, Zunaira Mubeen, Rabia Rafiq, and Ali Raza Siddique <i>Department of Applied Psychology, The Islamia University of Bahawalpur</i> |
| 9 | EM-22ICTP-078 | Digital Dating Abuse as Predictor of Relationship Satisfaction and Mental Health Among Female Adults Areeha Khan Durrani, Muhammad Saleem, Zubair Manzoor, Rabia Rafiq, and Hafiza Arooba Javed <i>Department of Applied Psychology, The Islamia University of Bahawalpur</i> |
| 10 | EM-22ICTP-087 | Parent-Child Conflict and Aggression in Puberty Farah Sharif and Afifa Anjum <i>Clinical Psychology Unit, Government College University, Lahore</i> |
| 11 | EM-22ICTP-102 | Social Information Processing in Parent-Child Conflict and Aggression Among Adolescent: Mediating Role Of Peer Rejection and Self-Concept Hamimah Kousar and Mussarat Jabeen Khan <i>Department of Psychology, International Islamic University, Islamabad</i> |

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| 12 | EM-22ICTP-103 | Childhood Neglect, Fantasy Behavior and Aggression among Adolescents: Mediating Role of Teacher-Student Relationship Iqra Saqlain and Mussarat Jabeen Khan <i>Department of Psychology, International Islamic University, Islamabad</i> |
| 13 | EM-22ICTP-121 | Personality, Self-Esteem, And Mental Health Problems In University Students With The Traumatic Experience Samia Rani, Sadia Saleem, and Sayyeda Taskeen Zahra <i>School of Professional Psychology, University of Management and Technology, Lahore</i> |

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Scientific Session 2B: 02:00 pm - 03:30 pm

Session Chair: Prof. Dr. Syeda Salma Hassan (*Department of Psychology, Government College University, Lahore*)

Co-Chair: Dr. Nazia Iqbal (*Department of Psychology, International Islamic University, Islamabad*)

Session Incharge: Dr. Naeem Aslam (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Fahad Mukhtar

Theme: Domestic and Sexual Violence

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| 1 | EM-22ICTP-010 | Social Dominance Orientation, Rape-Victim Empathy And Attitude Towards Rape Victims: Adults Perspective Zainab Sheikh and Shazia Yusuf <i>Professional Psychology Department, Bahria University, Islamabad</i> |
| 2 | EM-22ICTP-011 | Attitude Towards Rape Victims and Gender Stereotypes Among Adults Zainab Sheikh and Shazia Yusuf <i>Professional Psychology Department, Bahria University, Islamabad</i> |
| 3 | EM-22ICTP-016 | Sexual Harassment, Anger Management, and Emotional Burnout in Women Commuters of Public Transportation Faiz Younas, Rubia Javed and Kashaf Noor <i>Institute of Applied Psychology, University of Punjab, Lahore</i> |
| 4 | EM-22ICTP-019 | Dowry at Marriage as a Risk Factor in Relationship Between Impacts of Dowry, Psychological Distress, and Marital Satisfaction Umm-e-Habiba ¹ and Anila Kamal ² ¹ <i>Government Associate College Women, Gujranwala</i> ² <i>Rawalpindi Women University Rawalpindi</i> |
| 5 | EM-22ICTP-022 | Gas Lighting: Manifestation and Maintenance in Domestic Abuse Survivors Minhal Raheel and Zainab Hassan <i>Department of Humanities, COMSATS University, Islamabad</i> |
| 6 | TH-22ICTP -058 | Emotional Abuse Among Pakistani Men: A Mixed-Method Study Sophia Abid and Salima Barkat Ali <i>Psychology Department, Iqra University North Campus</i> |

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| 7 | EM-22ICTP-068 | Self-Silencing, Co-dependency and Mental Health in Married Individuals Ammara Naeem, Jaweria Bashir, Rabia Saleema, and Amarah Qureshi <i>Department of Applied Psychology, School of Professional Psychology, University of Management and Technology, Lahore</i> |
| 8 | EM-22ICTP-071 | Lived Experience of Women Living With Their Infidel Husbands Asma Anwar and Ahmed Bilal <i>Department of Applied Psychology, School of Professional Psychology, University of Management and Technology, Lahore</i> |
| 9 | EM-22ICTP-093 | Role of Interpersonal Needs and Social Support in Self Harm in Transgenders Ayesha Yousaf and Afifa Anjum <i>Institute of Applied Psychology, University of Punjab, Lahore</i> |

July 23rd, 2022

Scientific Session 2C: 02:00 pm - 03:30 pm

Session Chair: Prof. Dr. Sarwat Sultan (*Department of Applied Psychology, Bahauddin Zakariya University, Multan*)

Co-chair: Prof. Dr. Amina Muazzam (*Department of Applied Psychology, Lahore College for Women University*)

Session Incharge: Dr. Imran Bukhari (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Ubaid Ullah

Theme: Preventing, Assessing and Treating Trauma

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| 1 | EM-22ICTP-015 | Effects of Anti-Bullying Intervention Plan on High-school Boys Hamza Sarwar and Iram Fatima <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 2 | EM-22ICTP-025 | You can Choose to Drown in the Wave of Grief or Become a Better Surfer: Interpretative Phenomenological Analysis of Strategies of Grieved Parents Urwah Ali ¹ and Tasnim Rehna ² ¹ <i>Foundation University of Science and Technology, Islamabad</i> ² <i>National University of Modern Languages, Islamabad</i> |
| 3 | EM-22ICTP-031 | Psychotherapeutic Management of PTSD Symptoms Among Women Exposed to Domestic Violence: A Case Study Approach for Efficacy of Eidetic Trauma Model Mehwish Kamran and Rizwana Amin <i>Department of Professional Psychology, Bahria University, Islamabad</i> |
| 4 | EM-22ICTP-050 | Understanding Trauma Exposure and Recovery Among Pakistanis: A Cultural and Religious View Amna Ahmad, Kirsi Peltonen, and Samuli Kangaslampi <i>Tampere University, Finland</i> |
| 5 | EM-22ICTP-052 | Trauma Focused Cognitive Behavioral Therapy Approach: A Case Study for Post-Traumatic Stress and Obsessive Traits Aisha Akhlaq ¹ , Nida Rasheed ² , and Madiha Latif ³ ^{1,2} <i>Department of Psychology, Jinnah University for Women, Karachi</i> ³ <i>Sindh Institute for Physical Medicine and Rehabilitation, Karachi</i> |

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| 6 | TH-22ICTP-065 | Effect of Eye Movement Desensitization and Reprocessing on Psychological Distress and Sleep Quality in Patients with Post-traumatic Stress Disorder Saima Abbas ¹ , Saima Mohhiyuddin ² , and Motasem Mirza ³ ¹ <i>Department of Psychology, University of Cyberjaya, Malaysia</i> ^{2,3} <i>Applied Psychology Department, Bahauddin Zakariya University, Multan</i> |
| 7 | EM-22ICTP-079 | Predicting Traumatic Stress Using Psychological Capital Humaira Latif ¹ and Farzeen Heesambee ² ¹ <i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i> ² <i>Department of Journalism, University of Derby, United Kingdom</i> |
| 8 | TH-22ICTP -090 | Oncological Diagnosis Statement as A Traumatic Situation: Ways of Psychological Prevention and Correction Ekaterina Vladimirovna Ulybina ¹ and Olesya Vladimirovna Volkova ² ¹ <i>Ada Lebedeva Street, Krasnoyarsk, Russia</i> ² <i>Zheleznyak Street, Krasnoyarsk, Russia</i> |
| 9 | TH-22ICTP -095 | Reconceptualizing Severe Traumatic Stress Reactions of Children and Young People in Pakistan's Army Public School: From Resiliency Perspective Katherine Usman and Sumara Masood-ul-Hassan <i>National University of Sciences and Technology, Islamabad</i> |
| 10 | EM-22ICTP-106 | Psychic Trauma in the Companions of the Prophet Muhammad (SAW) After Their Migration From Makkah To Madinah Sayed Abdul Basit <i>Department of Psychology, International Islamic University, Islamabad</i> |
| 11 | TH-22ICTP-107 | Basic Methodological Concepts For Learned Helplessness Genesis Study Olesya V. Volkova <i>Voino-Yasenetsky Krasnoyarsk State Medical University, Russia</i> |

Keynote Lecture VI: 3:30 pm to 03:45 pm

Learned Helplessness as a Consequence of Traumatic Experience: New Methodological Ideas of Study

Prof. Dr. Olesya V. Volkova (*Voino-Yasenetsky Krasnoyarsk State Medical University, Russia*)

Moderator: Ms. Riffat Zahir

Keynote Lecture VII: 3:45 pm to 04:00 pm

A Multicultural Approach to Study of Mental Health Literacy and Myths on Trauma Caused by Catastrophes

Dr. Clara Gesteira Santos (*Department of Personality, Evaluation and Clinical Psychology Faculty of Psychology, Complutense University of Madrid, Spain*)

Moderator: Ms. Arooj Mujeeb

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Scientific Session 3A: 04:00 pm - 05:30 pm

Session Chair: Prof. Dr. Farah Malik (*Institute of Applied Psychology, University of Punjab, Lahore*)
Co-Chair Dr. Shazia Khalid (*Department of Social Sciences and Humanities, National University of Medical Sciences, Rawalpindi*)

Session Incharge: Ms. Raiha Aftab (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Muhammad Usman

Theme: Symposium

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| 1 | SY-22ICTP -043 | Child Maltreatment and its Adverse Impact in Adolescents and Youth Dr. Farah Malik <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 2 | SY-22ICTP -044 | Perceived Inter-Parental Conflicts and Adolescent Psychological Adjustment: Moderating Role of Gender Nosheen Ramzan, Farah Malik, and Iram Fatima <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 3 | SY-22ICTP -045 | Childhood Experiences of Abuse and Family Environment as a Predictor of Involvement in Risky Behaviors in Destitute Women Sehrish Farooq and Farah Malik <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 4 | SY-22ICTP-046 | Cognitive Test Battery for Social Competence in Adolescents: Invariance Testing for Maltreated and Non-Maltreated Groups Saima Saeed and Farah Malik <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 5 | SY-22ICTP-047 | Child Abuse and Posttraumatic Stress in Abused Adolescents: Intervening Role of Post-Trauma Appraisal Afreen Komal ¹ , Farah Malik ² , and Muhammad Faran ³ ^{1,2} <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> ³ <i>Department of Professional Psychology, Bahria University, Islamabad</i> |
| 6 | SY-22ICTP -048 | Validation Childhood Abuse Scale for Adolescents Farah Malik, Saima Saeed and Khalid Ghaffar <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> |
| 7 | SY-22ICTP-049 | Adaptation, and Validation of Difficulty in Emotion Regulation Scale Short-Form for Abused Adolescents Afreen Komal ¹ , Muhammad Faran ² , and Farah Malik ³ ^{1,3} <i>Institute of Applied Psychology, University of the Punjab, Lahore</i> ² <i>Department of Professional Psychology, Bahria University, Islamabad</i> |

July 23rd, 2022

Scientific Session 3B: 04:00 pm - 05:30 pm

Session Chair: Prof. Dr. Rafia Rafique (*Institute of Applied Psychology, University of the Punjab*)

Co-Chair: Prof. Dr. Anis-ul-Haq (*Department of Applied Psychology, National University of Modern Languages, Islamabad*)

Session Incharge: Dr. Irum Naqvi (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

IT Facilitator: Mr. Fahad Mukhtar

Theme: Media and War Associated Induced Trauma

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| 1 | EM-22ICTP-009 | Secondary Appraisals Moderating Between Trauma Exposure and Coping Styles Among Journalists Jamil A. Malik, Sara Fatima, and Rubina Hanif <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 2 | EM-22ICTP-018 | Impact of Direct and Indirect Trauma Exposure: Moderating Role of Coping Self Efficacy and Perceived Social Support Azra Azeem and Nelofar Kiran <i>National Institute of Psychology, Quaid-i-Azam University, Islamabad</i> |
| 3 | EM-22ICTP-029 | Psychosocial Predictors of Posttraumatic Growth Among Female Survivors of Conflict-Related Sexual Violence from Democratic Republic of Congo Nazia Mustafa, Shoab Kiani, Aneela Maqsood, and Siddrah Irfan <i>Department of Psychology, Fatima Jinnah Women University, Rawalpindi</i> |
| 4 | EM-22ICTP-041 | Impact of Psychological Distress on Wellbeing and Role of Resilience as a Moderator Between Psychological Distress and Wellbeing of Terrorist Attack Victims Sara Batool Asadi and Wajeeha Riaz <i>Institute of Professional Psychology, Bahria University, Karachi</i> |
| 5 | EM-22ICTP-053 | Media Induced Secondary Trauma With Psychological Distress: Fight, Flight, or Freeze Response as A Moderator Amna Aamir, Hadia Mushtaq, Hannan Jerown, Arshmah Hyder, and Fareeha Kanwal <i>Institute of Professional Psychology, Bahria University, Karachi</i> |
| 6 | EM-22ICTP-083 | Lived Experiences of Families of Homicide Victims With Durational Changes Ramzana Kausar and Kiran Akbar Khan <i>Department of Clinical Psychology, Government College University, Lahore</i> |
| 7 | EM-22ICTP-085 | War and Migration Trauma is Real: A Case Study Saif Ur Rehman and Hafsa Khalil Toor <i>Department of Psychology, Foundation University Rawalpindi Campus</i> |
| 8 | EM-22ICTP-086 | Prevalence of Traumatic Events and PTSD Symptoms Among Syrian Refugee Students in UK Secondary Schools Humaira Latif <i>Department of Applied Psychology, Bahauddin Zakariya University, Multan</i> |
| 9 | EM-22ICTP-088 | Phenomenological Analysis of Attachment Patterns and Emotion Regulation Strategies in Trauma Survivors Sana Wakeel and Saadia Dildar <i>Clinical Psychology Unit, Government College University, Lahore</i> |
| 10 | EM-22ICTP-091 | Moderating Role of Traumatic Events Between Internalized Shame and PTSD Symptomatology Among Retired Army Officers Gulyana Shehzad and Sadaf Ahsan <i>Department of Psychology, Foundation University, Rawalpindi Campus</i> |
| 11 | TH-22ICTP -094 | Coping Strategies of Crime Scene Reporters and Photo Journalists at Risk of Vicarious Traumatization Sara Shabbir and Kiran Bashir Ahmed <i>Institute of Professional Psychology, Bahria University, Karachi</i> |

July 23rd, 2022
Poster Presentations

Organizing Committee: Dr. Jamil. A. Malik and Dr. Naeem Aslam (*National Institute of Psychology, Quaid-i-Azam University, Islamabad*)

Results of Poster Competition Will Be Displayed On Conference Website

IT Facilitator: Mr. Fahad Mukhtar

Judges for Poster Presentations Competition

1. Dr. Masood Nadeem (*Professor, Department of Applied Psychology, Islamia University of Bahawalpur*)
2. Dr. Uzma Masroor (*Department of Humanities, Education, and Psychology, Air University, Islamabad*)
3. Dr. Shakira Huma Siddiqui (*Department of Applied Psychology, National University of Modern Languages, Islamabad*)
4. Dr. Sara Subhan (*Assistant Professor, Department of Clinical Psychology, University of Management and Technology, Lahore*)
5. Dr. Rabia Hanif (*Assistant Professor, Department of Applied Psychology, Riphah International University, Islamabad*)

Closing of One Day 9th International Conference